

































## Cape Cod Canal, Sagamore, MA - Jan 1989

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	5:26	7.4	5:54	6.6	11:54	1.4			7:09	4:22	
2	Mon	6:17	7.6	6:51	6.5	12:08	1.7	12:49	1.3	7:09	4:23	
3	Tue	7:07	7.7	7:45	6.6	1:00	1.8	1:42	1.1	7:09	4:24	
4	Wed	7:56	8.0	8:36	6.7	1:50	1.8	2:33	0.8	7:09	4:24	
5	Thu	8:43	8.3	9:23	6.9	2:39	1.6	3:21	0.5	7:09	4:25	
6	Fri	9:30	8.6	10:10	7.1	3:26	1.4	4:08	0.1	7:09	4:26	
7	Sat	10:16	8.9	10:55	7.5	4:13	1.1	4:53	-0.2	7:09	4:27	
8	Sun	11:03	9.2	11:41	7.8	4:59	0.8	5:38	-0.5	7:09	4:28	
9	Mon	11:50	9.4			5:47	0.5	6:24	-0.7	7:08	4:29	
10	Tue	12:26	8.2	12:38	9.5	6:36	0.3	7:11	-0.8	7:08	4:30	
11	Wed	1:14	8.5	1:29	9.3	7:28	0.1	7:59	-0.7	7:08	4:32	
12	Thu	2:04	8.8	2:22	9.0	8:22	0.0	8:50	-0.5	7:08	4:33	
13	Fri	2:56	9.0	3:19	8.6	9:19	-0.1	9:43	-0.2	7:07	4:34	
14	Sat	3:51	9.0	4:20	8.1	10:18	-0.1	10:37	0.1	7:07	4:35	
15	Sun	4:50	9.0	5:24	7.7	11:19	0.0	11:35	0.5	7:06	4:36	
16	Mon	5:51	8.9	6:31	7.4			12:21	0.1	7:06	4:37	
17	Tue	6:53	8.9	7:38	7.3	12:35	0.8	1:24	0.1	7:05	4:38	
18	Wed	7:54	8.8	8:40	7.2	1:34	0.9	2:24	0.0	7:05	4:40	
19	Thu	8:52	8.8	9:37	7.3	2:32	1.0	3:20	0.0	7:04	4:41	
20	Fri	9:44	8.8	10:28	7.3	3:26	1.0	4:11	0.0	7:04	4:42	
21	Sat	10:33	8.7	11:12	7.4	4:16	1.0	4:56	0.1	7:03	4:43	
22	Sun	11:16	8.6	11:51	7.4	5:02	1.0	5:38	0.1	7:02	4:44	
23	Mon	11:56	8.4			5:46	1.0	6:18	0.2	7:02	4:46	
24	Tue	12:28	7.5	12:34	8.3	6:28	1.0	6:57	0.4	7:01	4:47	
25	Wed	1:03	7.5	1:12	8.0	7:11	1.1	7:37	0.6	7:00	4:48	
26	Thu	1:40	7.6	1:52	7.8	7:55	1.1	8:18	0.8	6:59	4:49	
27	Fri	2:19	7.6	2:35	7.5	8:41	1.2	9:01	1.1	6:58	4:51	
28	Sat	3:01	7.6	3:22	7.1	9:29	1.2	9:46	1.4	6:57	4:52	
29	Sun	3:46	7.6	4:13	6.8	10:20	1.3	10:34	1.6	6:57	4:53	
30	Mon	4:35	7.6	5:08	6.5	11:13	1.4	11:25	1.9	6:56	4:54	
31	Tue	5:28	7.6	6:06	6.4			12:09	1.3	6:55	4:56	