


































Cape Cod Canal, Sagamore, MA - Mar 1990

| Date | | High | | | | Low | | | |  | |  |
|------|-----|-------|-----|-------|-----|-------|------|-------|------|---|------|---|
| | | AM | ft | PM | ft | AM | ft | PM | ft | Rise | Set | Moon |
| 1 | Thu | 1:28 | 9.5 | 1:58 | 8.7 | 7:58 | -0.7 | 8:16 | -0.1 | 6:16 | 5:32 |  |
| 2 | Fri | 2:19 | 9.5 | 2:53 | 8.2 | 8:53 | -0.6 | 9:10 | 0.2 | 6:15 | 5:33 |  |
| 3 | Sat | 3:15 | 9.3 | 3:53 | 7.8 | 9:51 | -0.3 | 10:07 | 0.6 | 6:13 | 5:34 |  |
| 4 | Sun | 4:16 | 9.0 | 4:59 | 7.5 | 10:52 | -0.1 | 11:08 | 0.8 | 6:12 | 5:35 |  |
| 5 | Mon | 5:21 | 8.8 | 6:09 | 7.3 | 11:56 | 0.1 | | | 6:10 | 5:36 |  |
| 6 | Tue | 6:31 | 8.6 | 7:19 | 7.3 | 12:12 | 1.0 | 1:01 | 0.2 | 6:08 | 5:38 |  |
| 7 | Wed | 7:38 | 8.6 | 8:23 | 7.5 | 1:17 | 1.0 | 2:03 | 0.2 | 6:07 | 5:39 |  |
| 8 | Thu | 8:39 | 8.6 | 9:18 | 7.7 | 2:18 | 0.8 | 2:59 | 0.1 | 6:05 | 5:40 |  |
| 9 | Fri | 9:33 | 8.6 | 10:06 | 7.9 | 3:14 | 0.6 | 3:48 | 0.1 | 6:03 | 5:41 |  |
| 10 | Sat | 10:21 | 8.5 | 10:48 | 8.1 | 4:04 | 0.5 | 4:32 | 0.1 | 6:02 | 5:42 |  |
| 11 | Sun | 11:04 | 8.4 | 11:25 | 8.2 | 4:49 | 0.4 | 5:12 | 0.2 | 6:00 | 5:43 |  |
| 12 | Mon | 11:42 | 8.2 | 11:59 | 8.2 | 5:32 | 0.3 | 5:51 | 0.4 | 5:58 | 5:44 |  |
| 13 | Tue | | | 12:19 | 8.0 | 6:12 | 0.3 | 6:29 | 0.6 | 5:57 | 5:46 |  |
| 14 | Wed | 12:33 | 8.2 | 12:56 | 7.7 | 6:52 | 0.4 | 7:07 | 0.9 | 5:55 | 5:47 |  |
| 15 | Thu | 1:08 | 8.2 | 1:34 | 7.5 | 7:34 | 0.5 | 7:48 | 1.2 | 5:53 | 5:48 |  |
| 16 | Fri | 1:46 | 8.0 | 2:16 | 7.2 | 8:19 | 0.7 | 8:32 | 1.5 | 5:52 | 5:49 |  |
| 17 | Sat | 2:28 | 7.9 | 3:01 | 6.9 | 9:06 | 0.9 | 9:19 | 1.7 | 5:50 | 5:50 |  |
| 18 | Sun | 3:15 | 7.7 | 3:52 | 6.6 | 9:57 | 1.1 | 10:10 | 1.9 | 5:48 | 5:51 |  |
| 19 | Mon | 4:08 | 7.5 | 4:48 | 6.4 | 10:51 | 1.3 | 11:04 | 2.1 | 5:47 | 5:52 |  |
| 20 | Tue | 5:05 | 7.4 | 5:48 | 6.4 | 11:47 | 1.3 | | | 5:45 | 5:53 |  |
| 21 | Wed | 6:04 | 7.5 | 6:47 | 6.6 | 12:01 | 2.0 | 12:43 | 1.2 | 5:43 | 5:55 |  |
| 22 | Thu | 7:03 | 7.7 | 7:41 | 6.9 | 12:58 | 1.8 | 1:37 | 1.0 | 5:41 | 5:56 |  |
| 23 | Fri | 7:57 | 8.0 | 8:30 | 7.4 | 1:52 | 1.4 | 2:27 | 0.7 | 5:40 | 5:57 |  |
| 24 | Sat | 8:47 | 8.3 | 9:16 | 8.0 | 2:44 | 0.9 | 3:13 | 0.3 | 5:38 | 5:58 |  |
| 25 | Sun | 9:36 | 8.6 | 10:00 | 8.6 | 3:33 | 0.3 | 3:58 | 0.0 | 5:36 | 5:59 |  |
| 26 | Mon | 10:24 | 8.9 | 10:45 | 9.2 | 4:20 | -0.3 | 4:43 | -0.2 | 5:35 | 6:00 |  |
| 27 | Tue | 11:12 | 9.0 | 11:30 | 9.6 | 5:08 | -0.8 | 5:27 | -0.4 | 5:33 | 6:01 |  |
| 28 | Wed | | | 12:01 | 9.0 | 5:57 | -1.1 | 6:14 | -0.4 | 5:31 | 6:02 |  |
| 29 | Thu | 12:17 | 9.9 | 12:50 | 8.9 | 6:47 | -1.2 | 7:02 | -0.3 | 5:29 | 6:03 |  |
| 30 | Fri | 1:06 | 9.9 | 1:42 | 8.6 | 7:39 | -1.1 | 7:54 | 0.0 | 5:28 | 6:05 |  |
| 31 | Sat | 1:59 | 9.7 | 2:39 | 8.2 | 8:34 | -0.9 | 8:50 | 0.3 | 5:26 | 6:06 |  |