
































Cape Cod Canal, Sagamore, MA - Jun 1990

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	6:23	7.7	7:00	7.9	12:11	0.9	12:36	0.6	5:09	8:10	
2	Sat	7:25	7.4	7:55	8.0	1:10	0.9	1:30	0.9	5:09	8:10	
3	Sun	8:24	7.2	8:44	8.0	2:08	0.9	2:22	1.1	5:08	8:11	
4	Mon	9:17	7.0	9:29	8.0	3:01	0.8	3:10	1.3	5:08	8:12	
5	Tue	10:04	6.9	10:10	8.0	3:49	0.7	3:55	1.5	5:08	8:13	
6	Wed	10:47	6.9	10:49	8.1	4:34	0.6	4:39	1.5	5:07	8:13	
7	Thu	11:27	6.9	11:27	8.1	5:16	0.6	5:21	1.6	5:07	8:14	
8	Fri			12:05	6.9	5:57	0.5	6:02	1.6	5:07	8:15	
9	Sat	12:05	8.1	12:42	6.9	6:37	0.5	6:43	1.6	5:07	8:15	
10	Sun	12:43	8.2	1:20	7.0	7:18	0.4	7:24	1.6	5:06	8:16	
11	Mon	1:22	8.2	1:59	7.1	8:00	0.4	8:08	1.6	5:06	8:16	
12	Tue	2:03	8.2	2:41	7.2	8:43	0.4	8:54	1.5	5:06	8:17	
13	Wed	2:47	8.2	3:26	7.4	9:28	0.4	9:43	1.4	5:06	8:17	
14	Thu	3:34	8.1	4:13	7.6	10:14	0.5	10:35	1.3	5:06	8:18	
15	Fri	4:27	7.9	5:04	7.9	11:03	0.5	11:30	1.0	5:06	8:18	
16	Sat	5:22	7.8	5:56	8.2	11:53	0.6			5:06	8:18	
17	Sun	6:22	7.7	6:51	8.5	12:26	0.7	12:45	0.6	5:06	8:19	
18	Mon	7:23	7.6	7:47	8.9	1:24	0.4	1:40	0.6	5:06	8:19	
19	Tue	8:24	7.7	8:43	9.3	2:22	0.0	2:35	0.6	5:06	8:19	
20	Wed	9:23	7.8	9:39	9.6	3:20	-0.4	3:30	0.4	5:07	8:20	
21	Thu	10:21	7.9	10:34	9.8	4:15	-0.8	4:25	0.3	5:07	8:20	
22	Fri	11:17	8.1	11:29	10.0	5:10	-1.0	5:19	0.2	5:07	8:20	
23	Sat			12:11	8.2	6:03	-1.2	6:13	0.1	5:07	8:20	
24	Sun	12:23	9.9	1:04	8.3	6:54	-1.1	7:06	0.1	5:08	8:20	
25	Mon	1:16	9.8	1:56	8.3	7:45	-1.0	7:59	0.2	5:08	8:21	
26	Tue	2:08	9.4	2:47	8.3	8:36	-0.7	8:53	0.3	5:08	8:21	
27	Wed	3:01	9.0	3:39	8.2	9:26	-0.4	9:48	0.5	5:09	8:21	
28	Thu	3:54	8.4	4:31	8.1	10:17	0.0	10:43	0.7	5:09	8:21	
29	Fri	4:49	7.9	5:23	8.0	11:07	0.4	11:39	0.9	5:10	8:21	
30	Sat	5:46	7.4	6:16	7.9	11:58	0.8			5:10	8:21	