

































## Cape Cod Canal, Sagamore, MA - Jan 2001

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	3:17	7.2	3:29	7.5	9:39	1.6	10:05	0.9	7:09	4:22	
2	Tue	4:05	7.3	4:21	7.3	10:31	1.5	10:54	1.1	7:09	4:23	
3	Wed	4:55	7.5	5:17	7.2	11:25	1.4	11:45	1.2	7:09	4:24	
4	Thu	5:47	7.8	6:15	7.2			12:20	1.1	7:09	4:25	
5	Fri	6:40	8.1	7:13	7.3	12:37	1.2	1:15	0.7	7:09	4:25	
6	Sat	7:32	8.5	8:08	7.5	1:29	1.1	2:09	0.2	7:09	4:26	
7	Sun	8:24	9.0	9:02	7.7	2:21	0.8	3:01	-0.3	7:09	4:27	
8	Mon	9:16	9.4	9:55	8.0	3:12	0.6	3:52	-0.7	7:09	4:28	
9	Tue	10:08	9.8	10:48	8.3	4:03	0.3	4:43	-1.1	7:08	4:29	
10	Wed	11:01	10.1	11:40	8.6	4:55	0.0	5:34	-1.4	7:08	4:31	
11	Thu	11:53	10.2			5:47	-0.3	6:25	-1.5	7:08	4:32	
12	Fri	12:31	8.8	12:46	10.1	6:40	-0.4	7:16	-1.4	7:08	4:33	
13	Sat	1:24	8.9	1:40	9.8	7:34	-0.4	8:09	-1.2	7:07	4:34	
14	Sun	2:18	8.9	2:37	9.3	8:31	-0.3	9:02	-0.8	7:07	4:35	
15	Mon	3:14	8.9	3:36	8.8	9:29	-0.1	9:57	-0.4	7:06	4:36	
16	Tue	4:11	8.8	4:37	8.2	10:29	0.1	10:52	0.0	7:06	4:37	
17	Wed	5:10	8.7	5:40	7.8	11:29	0.3	11:48	0.5	7:05	4:38	
18	Thu	6:10	8.5	6:45	7.4			12:30	0.4	7:05	4:40	
19	Fri	7:09	8.4	7:48	7.2	12:45	0.8	1:29	0.5	7:04	4:41	
20	Sat	8:04	8.4	8:44	7.1	1:40	1.1	2:25	0.5	7:04	4:42	
21	Sun	8:53	8.3	9:34	7.1	2:32	1.2	3:15	0.5	7:03	4:43	
22	Mon	9:38	8.3	10:17	7.0	3:20	1.3	4:00	0.4	7:02	4:44	
23	Tue	10:19	8.2	10:55	7.1	4:05	1.3	4:42	0.4	7:01	4:46	
24	Wed	10:57	8.2	11:31	7.1	4:47	1.3	5:21	0.4	7:01	4:47	
25	Thu	11:34	8.2			5:28	1.3	6:00	0.4	7:00	4:48	
26	Fri	12:06	7.2	12:10	8.2	6:09	1.2	6:39	0.4	6:59	4:49	
27	Sat	12:41	7.3	12:48	8.2	6:50	1.2	7:19	0.5	6:58	4:51	
28	Sun	1:18	7.4	1:27	8.1	7:33	1.2	8:00	0.6	6:57	4:52	
29	Mon	1:57	7.6	2:09	7.9	8:18	1.2	8:43	0.7	6:56	4:53	
30	Tue	2:39	7.7	2:55	7.7	9:05	1.2	9:28	0.9	6:55	4:55	
31	Wed	3:24	7.8	3:45	7.5	9:56	1.1	10:16	1.1	6:55	4:56	