





















Cape Cod Canal, Sagamore, MA - Aug 2009

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	8:43	6.7	8:53	8.0	2:23	0.8	2:30	1.6	5:36	8:00	
2	Sun	9:37	6.7	9:43	8.0	3:18	0.8	3:23	1.6	5:37	7:59	
3	Mon	10:24	6.7	10:28	8.0	4:07	0.8	4:11	1.6	5:38	7:58	
4	Tue	11:06	6.8	11:09	8.0	4:51	0.7	4:55	1.5	5:39	7:56	
5	Wed	11:43	7.0	11:47	8.1	5:32	0.6	5:38	1.3	5:40	7:55	
6	Thu			12:17	7.2	6:10	0.6	6:19	1.2	5:41	7:54	
7	Fri	12:23	8.1	12:51	7.4	6:48	0.5	6:59	1.1	5:42	7:53	
8	Sat	1:00	8.1	1:25	7.6	7:25	0.5	7:40	1.0	5:43	7:51	
9	Sun	1:37	8.1	2:01	7.8	8:03	0.6	8:22	0.9	5:44	7:50	
10	Mon	2:16	7.9	2:39	8.0	8:43	0.7	9:07	0.8	5:45	7:49	
11	Tue	2:59	7.8	3:21	8.1	9:25	0.9	9:55	0.8	5:46	7:47	
12	Wed	3:46	7.5	4:08	8.2	10:11	1.0	10:47	0.7	5:47	7:46	
13	Thu	4:38	7.3	5:00	8.3	11:01	1.2	11:42	0.7	5:48	7:45	
14	Fri	5:35	7.1	5:57	8.4	11:55	1.3			5:49	7:43	
15	Sat	6:38	7.0	6:59	8.6	12:41	0.6	12:54	1.3	5:50	7:42	
16	Sun	7:42	7.1	8:02	8.8	1:42	0.4	1:54	1.1	5:51	7:40	
17	Mon	8:45	7.4	9:04	9.1	2:42	0.0	2:54	0.7	5:52	7:39	
18	Tue	9:44	7.8	10:02	9.5	3:39	-0.3	3:52	0.3	5:53	7:37	
19	Wed	10:40	8.3	10:58	9.7	4:33	-0.7	4:47	-0.1	5:54	7:36	
20	Thu	11:32	8.7	11:52	9.7	5:24	-0.9	5:41	-0.5	5:56	7:34	
21	Fri			12:22	9.1	6:13	-1.0	6:34	-0.7	5:57	7:33	
22	Sat	12:43	9.6	1:11	9.3	7:01	-1.0	7:25	-0.8	5:58	7:31	
23	Sun	1:34	9.3	1:58	9.4	7:49	-0.7	8:16	-0.7	5:59	7:30	
24	Mon	2:23	8.9	2:46	9.2	8:37	-0.3	9:08	-0.4	6:00	7:28	
25	Tue	3:14	8.4	3:35	8.9	9:26	0.1	10:01	-0.1	6:01	7:27	
26	Wed	4:07	7.8	4:27	8.5	10:17	0.6	10:55	0.3	6:02	7:25	
27	Thu	5:03	7.3	5:23	8.2	11:10	1.1	11:52	0.7	6:03	7:23	
28	Fri	6:03	6.9	6:21	7.8			12:05	1.5	6:04	7:22	
29	Sat	7:06	6.6	7:23	7.7	12:50	1.0	1:03	1.7	6:05	7:20	
30	Sun	8:09	6.6	8:21	7.7	1:49	1.1	2:00	1.8	6:06	7:19	
31	Mon	9:04	6.7	9:14	7.7	2:45	1.1	2:54	1.7	6:07	7:17	