









## Cape Cod Canal, Sagamore, MA - Aug 2010

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	3:39	7.4	4:04	7.7	10:07	1.1	10:37	1.2	5:36	8:00	
2	Mon	4:27	7.1	4:51	7.8	10:53	1.4	11:29	1.2	5:37	7:59	
3	Tue	5:19	6.9	5:41	7.8	11:43	1.5			5:38	7:58	
4	Wed	6:15	6.7	6:36	7.9	12:23	1.1	12:35	1.6	5:39	7:57	
5	Thu	7:15	6.7	7:34	8.1	1:19	1.0	1:30	1.6	5:40	7:55	
6	Fri	8:14	6.9	8:31	8.5	2:15	0.7	2:26	1.4	5:41	7:54	
7	Sat	9:11	7.2	9:26	8.9	3:10	0.3	3:20	1.0	5:42	7:53	
8	Sun	10:04	7.6	10:20	9.3	4:03	-0.1	4:14	0.5	5:43	7:52	
9	Mon	10:56	8.1	11:13	9.6	4:53	-0.5	5:06	0.0	5:44	7:50	
10	Tue	11:47	8.7			5:42	-0.9	5:58	-0.4	5:45	7:49	
11	Wed	12:05	9.8	12:36	9.1	6:31	-1.1	6:50	-0.8	5:46	7:48	
12	Thu	12:57	9.8	1:25	9.5	7:19	-1.2	7:42	-1.0	5:47	7:46	
13	Fri	1:48	9.6	2:15	9.7	8:08	-1.0	8:36	-1.0	5:48	7:45	
14	Sat	2:41	9.2	3:07	9.6	8:59	-0.7	9:31	-0.8	5:49	7:44	
15	Sun	3:36	8.7	4:02	9.4	9:51	-0.3	10:29	-0.5	5:50	7:42	
16	Mon	4:35	8.2	4:59	9.1	10:46	0.1	11:27	-0.1	5:51	7:41	
17	Tue	5:36	7.7	6:00	8.7	11:43	0.6			5:52	7:39	
18	Wed	6:42	7.3	7:04	8.5	12:28	0.2	12:43	1.0	5:53	7:38	
19	Thu	7:50	7.1	8:08	8.3	1:30	0.4	1:43	1.2	5:54	7:36	
20	Fri	8:54	7.0	9:07	8.2	2:31	0.6	2:42	1.3	5:55	7:35	
21	Sat	9:49	7.1	9:58	8.2	3:27	0.6	3:36	1.3	5:56	7:33	
22	Sun	10:36	7.2	10:43	8.1	4:16	0.6	4:24	1.2	5:57	7:32	
23	Mon	11:15	7.3	11:23	8.1	4:59	0.6	5:08	1.1	5:58	7:30	
24	Tue	11:50	7.4	11:59	8.0	5:38	0.6	5:49	1.0	5:59	7:29	
25	Wed			12:23	7.5	6:15	0.6	6:29	0.9	6:00	7:27	
26	Thu	12:34	8.0	12:55	7.7	6:52	0.6	7:08	0.8	6:01	7:25	
27	Fri	1:10	7.9	1:28	7.8	7:29	0.7	7:49	0.8	6:02	7:24	
28	Sat	1:46	7.8	2:04	7.9	8:07	0.9	8:31	0.8	6:04	7:22	
29	Sun	2:25	7.6	2:42	8.0	8:47	1.1	9:15	0.8	6:05	7:21	
30	Mon	3:07	7.4	3:24	8.0	9:31	1.3	10:04	0.9	6:06	7:19	
31	Tue	3:54	7.1	4:12	7.9	10:18	1.5	10:55	1.0	6:07	7:17	