

































## Cape Cod Canal, Sagamore, MA - Jan 2023

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	6:34	8.5	7:10	7.4	12:11	0.6	12:54	0.4	7:09	4:22	
2	Mon	7:30	8.5	8:10	7.2	1:07	0.9	1:53	0.4	7:09	4:22	
3	Tue	8:22	8.5	9:04	7.1	2:01	1.1	2:46	0.4	7:09	4:23	
4	Wed	9:10	8.4	9:52	7.0	2:51	1.3	3:35	0.4	7:09	4:24	
5	Thu	9:53	8.3	10:35	6.9	3:37	1.4	4:19	0.4	7:09	4:25	
6	Fri	10:34	8.2	11:13	6.9	4:21	1.5	5:00	0.4	7:09	4:26	
7	Sat	11:12	8.2	11:49	6.9	5:03	1.5	5:40	0.5	7:09	4:27	
8	Sun	11:49	8.2			5:44	1.5	6:19	0.5	7:09	4:28	
9	Mon	12:24	7.0	12:26	8.1	6:25	1.5	6:59	0.5	7:08	4:29	
10	Tue	1:00	7.0	1:05	8.1	7:07	1.5	7:39	0.6	7:08	4:30	
11	Wed	1:39	7.2	1:45	7.9	7:51	1.5	8:22	0.7	7:08	4:31	
12	Thu	2:19	7.3	2:29	7.7	8:38	1.5	9:05	0.9	7:08	4:32	
13	Fri	3:03	7.4	3:17	7.5	9:28	1.5	9:51	1.0	7:07	4:33	
14	Sat	3:49	7.6	4:09	7.2	10:19	1.4	10:38	1.2	7:07	4:35	
15	Sun	4:38	7.7	5:05	7.1	11:13	1.2	11:29	1.4	7:06	4:36	
16	Mon	5:30	7.9	6:04	7.0			12:09	1.0	7:06	4:37	
17	Tue	6:26	8.2	7:05	7.0	12:22	1.4	1:06	0.6	7:05	4:38	
18	Wed	7:22	8.6	8:04	7.2	1:17	1.3	2:03	0.2	7:05	4:39	
19	Thu	8:18	9.0	9:01	7.5	2:12	1.1	2:58	-0.2	7:04	4:40	
20	Fri	9:13	9.4	9:56	7.8	3:07	0.8	3:51	-0.7	7:04	4:42	
21	Sat	10:08	9.8	10:49	8.2	4:00	0.4	4:44	-1.0	7:03	4:43	
22	Sun	11:02	10.0	11:41	8.5	4:54	0.0	5:35	-1.2	7:02	4:44	
23	Mon	11:56	10.1			5:47	-0.2	6:25	-1.3	7:02	4:45	
24	Tue	12:32	8.8	12:48	9.9	6:40	-0.4	7:15	-1.2	7:01	4:47	
25	Wed	1:23	9.0	1:41	9.5	7:34	-0.4	8:05	-0.9	7:00	4:48	
26	Thu	2:15	9.0	2:36	9.0	8:30	-0.3	8:57	-0.5	6:59	4:49	
27	Fri	3:08	8.9	3:33	8.4	9:27	-0.1	9:49	0.0	6:58	4:50	
28	Sat	4:03	8.8	4:32	7.8	10:25	0.2	10:43	0.5	6:58	4:52	
29	Sun	5:00	8.5	5:35	7.3	11:23	0.4	11:38	1.0	6:57	4:53	
30	Mon	5:59	8.3	6:40	7.0			12:24	0.6	6:56	4:54	
31	Tue	6:58	8.1	7:44	6.8	12:35	1.3	1:24	0.8	6:55	4:55	