

































Cape Cod Canal, Sagamore, MA - Jan 2024

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	2:23	7.1	2:31	7.7	8:35	1.6	9:04	0.9	7:09	4:21	
2	Tue	3:07	7.2	3:19	7.4	9:25	1.6	9:50	1.1	7:09	4:22	
3	Wed	3:54	7.2	4:10	7.1	10:16	1.6	10:38	1.3	7:09	4:23	
4	Thu	4:42	7.3	5:04	6.8	11:09	1.5	11:27	1.5	7:09	4:24	
5	Fri	5:32	7.4	6:01	6.7			12:03	1.4	7:09	4:25	
6	Sat	6:23	7.6	6:58	6.6	12:17	1.7	12:58	1.2	7:09	4:26	
7	Sun	7:14	7.9	7:52	6.7	1:09	1.7	1:51	0.9	7:09	4:27	
8	Mon	8:03	8.2	8:43	6.9	1:59	1.6	2:42	0.5	7:09	4:28	
9	Tue	8:52	8.6	9:33	7.1	2:48	1.5	3:31	0.1	7:08	4:29	
10	Wed	9:40	9.0	10:21	7.4	3:37	1.2	4:19	-0.2	7:08	4:30	
11	Thu	10:29	9.3	11:10	7.8	4:25	0.9	5:07	-0.6	7:08	4:31	
12	Fri	11:19	9.6	11:58	8.1	5:14	0.5	5:54	-0.8	7:08	4:32	
13	Sat			12:09	9.7	6:04	0.2	6:42	-1.0	7:07	4:33	
14	Sun	12:47	8.5	1:00	9.7	6:56	0.0	7:31	-1.0	7:07	4:34	
15	Mon	1:37	8.7	1:53	9.4	7:50	-0.1	8:22	-0.8	7:07	4:35	
16	Tue	2:29	8.9	2:50	9.0	8:47	-0.1	9:14	-0.5	7:06	4:37	
17	Wed	3:24	9.0	3:49	8.5	9:46	-0.1	10:08	-0.1	7:06	4:38	
18	Thu	4:21	9.0	4:51	8.0	10:46	0.0	11:04	0.3	7:05	4:39	
19	Fri	5:20	8.9	5:57	7.5	11:47	0.1			7:04	4:40	
20	Sat	6:21	8.8	7:04	7.3	12:02	0.7	12:50	0.2	7:04	4:41	
21	Sun	7:23	8.7	8:08	7.1	1:01	1.0	1:51	0.2	7:03	4:43	
22	Mon	8:21	8.6	9:07	7.1	1:59	1.1	2:48	0.2	7:03	4:44	
23	Tue	9:14	8.6	9:59	7.1	2:54	1.2	3:41	0.2	7:02	4:45	
24	Wed	10:03	8.5	10:45	7.1	3:44	1.3	4:28	0.3	7:01	4:46	
25	Thu	10:47	8.4	11:25	7.1	4:31	1.3	5:10	0.3	7:00	4:47	
26	Fri	11:26	8.3			5:14	1.3	5:50	0.4	7:00	4:49	
27	Sat	12:00	7.2	12:03	8.2	5:56	1.2	6:28	0.4	6:59	4:50	
28	Sun	12:35	7.3	12:40	8.1	6:37	1.2	7:06	0.5	6:58	4:51	
29	Mon	1:09	7.4	1:18	7.9	7:19	1.2	7:45	0.7	6:57	4:52	
30	Tue	1:46	7.5	1:58	7.7	8:03	1.2	8:27	0.9	6:56	4:54	
31	Wed	2:25	7.5	2:42	7.4	8:49	1.3	9:10	1.1	6:55	4:55	