
































Cape Cod Canal, Sagamore, MA - Jan 2026

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	8:34	9.5	9:17	7.8	2:25	0.6	3:11	-0.7	7:09	4:22	
2	Fri	9:30	9.7	10:14	8.0	3:20	0.4	4:06	-0.9	7:09	4:23	
3	Sat	10:26	9.9	11:08	8.1	4:15	0.2	4:58	-1.1	7:09	4:23	
4	Sun	11:20	9.9			5:08	0.1	5:49	-1.1	7:09	4:24	
5	Mon	12:00	8.3	12:11	9.7	6:01	0.1	6:39	-1.0	7:09	4:25	
6	Tue	12:50	8.4	1:02	9.4	6:53	0.1	7:28	-0.7	7:09	4:26	
7	Wed	1:39	8.4	1:53	8.9	7:45	0.3	8:16	-0.3	7:09	4:27	
8	Thu	2:28	8.3	2:44	8.4	8:39	0.5	9:05	0.1	7:09	4:28	
9	Fri	3:18	8.2	3:37	7.8	9:33	0.7	9:55	0.5	7:08	4:29	
10	Sat	4:09	8.0	4:33	7.3	10:27	0.9	10:45	1.0	7:08	4:30	
11	Sun	5:01	7.9	5:30	6.9	11:22	1.0	11:36	1.4	7:08	4:32	
12	Mon	5:54	7.8	6:30	6.6			12:19	1.1	7:07	4:33	
13	Tue	6:48	7.7	7:28	6.5	12:29	1.6	1:14	1.1	7:07	4:34	
14	Wed	7:39	7.7	8:21	6.5	1:22	1.8	2:08	1.1	7:07	4:35	
15	Thu	8:27	7.8	9:09	6.5	2:13	1.8	2:57	0.9	7:06	4:36	
16	Fri	9:12	7.9	9:52	6.6	3:01	1.8	3:43	0.8	7:06	4:37	
17	Sat	9:55	8.1	10:33	6.8	3:46	1.7	4:25	0.6	7:05	4:38	
18	Sun	10:35	8.3	11:11	7.0	4:29	1.5	5:06	0.4	7:05	4:40	
19	Mon	11:14	8.4	11:48	7.3	5:11	1.3	5:46	0.3	7:04	4:41	
20	Tue	11:53	8.5			5:53	1.2	6:25	0.2	7:04	4:42	
21	Wed	12:25	7.6	12:33	8.6	6:36	1.0	7:06	0.1	7:03	4:43	
22	Thu	1:04	7.9	1:16	8.5	7:20	0.8	7:47	0.1	7:02	4:44	
23	Fri	1:46	8.2	2:02	8.3	8:08	0.6	8:32	0.3	7:01	4:46	
24	Sat	2:31	8.4	2:53	8.1	8:59	0.5	9:20	0.4	7:01	4:47	
25	Sun	3:21	8.6	3:48	7.8	9:54	0.4	10:11	0.7	7:00	4:48	
26	Mon	4:15	8.7	4:49	7.5	10:52	0.3	11:07	0.8	6:59	4:49	
27	Tue	5:13	8.7	5:53	7.3	11:53	0.2			6:58	4:51	
28	Wed	6:16	8.9	7:00	7.2	12:06	1.0	12:55	0.1	6:57	4:52	
29	Thu	7:20	9.0	8:05	7.4	1:07	0.9	1:57	-0.1	6:56	4:53	
30	Fri	8:22	9.2	9:06	7.6	2:08	0.8	2:56	-0.4	6:55	4:54	
31	Sat	9:21	9.4	10:03	7.9	3:06	0.5	3:51	-0.6	6:55	4:56	