

































Cape Cod Canal, Sagamore, MA - Mar 2026

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	9:12	9.0	9:50	8.0	2:55	0.6	3:35	-0.3	6:16	5:32	
2	Mon	10:06	9.0	10:38	8.3	3:49	0.3	4:24	-0.3	6:14	5:33	
3	Tue	10:54	8.9	11:22	8.5	4:40	0.1	5:09	-0.3	6:13	5:34	
4	Wed	11:39	8.8			5:27	0.0	5:51	-0.1	6:11	5:35	
5	Thu	12:02	8.6	12:21	8.5	6:12	0.0	6:32	0.1	6:10	5:37	
6	Fri	12:40	8.5	1:01	8.2	6:55	0.1	7:12	0.5	6:08	5:38	
7	Sat	1:18	8.4	1:42	7.8	7:39	0.3	7:54	0.8	6:06	5:39	
8	Sun	1:57	8.2	3:25	7.4	9:25	0.5	9:39	1.2	7:05	6:40	
9	Mon	3:40	8.0	4:12	7.0	10:13	0.8	10:26	1.6	7:03	6:41	
10	Tue	4:27	7.7	5:03	6.6	11:04	1.1	11:17	1.9	7:01	6:42	
11	Wed	5:19	7.5	5:59	6.4	11:58	1.3			7:00	6:44	
12	Thu	6:16	7.3	7:00	6.3	12:11	2.1	12:55	1.4	6:58	6:45	
13	Fri	7:16	7.3	8:00	6.3	1:08	2.1	1:52	1.4	6:56	6:46	
14	Sat	8:14	7.5	8:55	6.6	2:05	2.0	2:47	1.2	6:55	6:47	
15	Sun	9:07	7.7	9:42	6.9	2:58	1.7	3:36	1.0	6:53	6:48	
16	Mon	9:55	8.0	10:25	7.4	3:48	1.4	4:21	0.7	6:51	6:49	
17	Tue	10:39	8.2	11:05	7.9	4:35	0.9	5:03	0.4	6:49	6:50	
18	Wed	11:23	8.5	11:45	8.4	5:20	0.5	5:44	0.2	6:48	6:52	
19	Thu			12:06	8.6	6:04	0.0	6:25	0.0	6:46	6:53	
20	Fri	12:25	8.9	12:51	8.7	6:49	-0.4	7:07	0.0	6:44	6:54	
21	Sat	1:07	9.3	1:36	8.7	7:35	-0.6	7:52	0.0	6:43	6:55	
22	Sun	1:52	9.5	2:25	8.5	8:24	-0.7	8:39	0.2	6:41	6:56	
23	Mon	2:41	9.5	3:17	8.2	9:17	-0.6	9:32	0.4	6:39	6:57	
24	Tue	3:34	9.3	4:15	7.8	10:13	-0.4	10:29	0.7	6:38	6:58	
25	Wed	4:34	9.1	5:18	7.5	11:13	-0.2	11:29	0.9	6:36	6:59	
26	Thu	5:38	8.8	6:26	7.3			12:16	0.1	6:34	7:00	
27	Fri	6:48	8.6	7:36	7.4	12:34	1.0	1:20	0.2	6:32	7:02	
28	Sat	7:57	8.5	8:43	7.6	1:39	1.0	2:23	0.2	6:31	7:03	
29	Sun	9:02	8.5	9:41	7.9	2:43	0.8	3:21	0.1	6:29	7:04	
30	Mon	10:00	8.5	10:31	8.2	3:42	0.5	4:13	0.1	6:27	7:05	
31	Tue	10:52	8.4	11:16	8.4	4:35	0.3	5:00	0.1	6:26	7:06	