
































Cape Cod Canal, Sagamore, MA - May 2026

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	11:57	7.5			5:44	0.2	5:53	1.0	5:38	7:40	
2	Sat	12:01	8.4	12:34	7.4	6:24	0.2	6:32	1.2	5:36	7:41	
3	Sun	12:36	8.3	1:10	7.2	7:03	0.3	7:11	1.4	5:35	7:42	
4	Mon	1:12	8.2	1:47	7.1	7:44	0.4	7:52	1.6	5:34	7:43	
5	Tue	1:50	8.1	2:27	6.9	8:26	0.6	8:35	1.7	5:32	7:44	
6	Wed	2:31	8.0	3:10	6.8	9:11	0.7	9:22	1.9	5:31	7:45	
7	Thu	3:15	7.8	3:57	6.7	9:59	0.9	10:12	2.0	5:30	7:46	
8	Fri	4:05	7.6	4:48	6.7	10:49	1.0	11:04	2.0	5:29	7:47	
9	Sat	4:58	7.5	5:41	6.8	11:40	1.1	11:59	1.9	5:28	7:48	
10	Sun	5:54	7.4	6:35	7.0			12:32	1.1	5:27	7:50	
11	Mon	6:52	7.4	7:28	7.4	12:55	1.7	1:23	1.0	5:26	7:51	
12	Tue	7:49	7.5	8:18	7.9	1:50	1.3	2:13	0.9	5:24	7:52	
13	Wed	8:43	7.7	9:06	8.4	2:43	0.8	3:02	0.7	5:23	7:53	
14	Thu	9:36	7.9	9:53	9.0	3:35	0.2	3:50	0.6	5:22	7:54	
15	Fri	10:27	8.1	10:41	9.4	4:25	-0.4	4:38	0.4	5:21	7:55	
16	Sat	11:18	8.2	11:30	9.8	5:15	-0.8	5:26	0.2	5:20	7:56	
17	Sun			12:10	8.3	6:05	-1.2	6:16	0.1	5:19	7:57	
18	Mon	12:21	10.0	1:02	8.4	6:56	-1.3	7:07	0.1	5:19	7:58	
19	Tue	1:13	10.1	1:55	8.3	7:49	-1.3	8:01	0.2	5:18	7:59	
20	Wed	2:07	9.9	2:50	8.2	8:43	-1.1	8:57	0.3	5:17	8:00	
21	Thu	3:04	9.5	3:49	8.1	9:39	-0.8	9:57	0.5	5:16	8:01	
22	Fri	4:05	9.1	4:50	8.0	10:37	-0.5	10:58	0.6	5:15	8:01	
23	Sat	5:08	8.6	5:52	8.0	11:34	-0.1			5:14	8:02	
24	Sun	6:12	8.2	6:54	8.1	12:00	0.7	12:31	0.2	5:14	8:03	
25	Mon	7:18	7.9	7:53	8.2	1:03	0.7	1:28	0.5	5:13	8:04	
26	Tue	8:21	7.6	8:46	8.3	2:04	0.6	2:22	0.7	5:12	8:05	
27	Wed	9:17	7.4	9:34	8.3	3:00	0.5	3:13	0.9	5:12	8:06	
28	Thu	10:08	7.3	10:16	8.3	3:51	0.5	3:59	1.1	5:11	8:07	
29	Fri	10:53	7.1	10:55	8.2	4:37	0.4	4:43	1.3	5:11	8:08	
30	Sat	11:34	7.0	11:33	8.2	5:20	0.4	5:24	1.5	5:10	8:08	
31	Sun			12:11	6.9	6:00	0.4	6:05	1.6	5:10	8:09	