

































## Cape Cod Canal, Sagamore, MA - Jul 2026

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	12:25	8.1	1:01	6.9	6:57	0.5	7:02	1.6	5:11	8:20	
2	Thu	1:03	8.2	1:39	7.0	7:37	0.5	7:44	1.5	5:11	8:20	
3	Fri	1:42	8.2	2:17	7.2	8:18	0.5	8:28	1.5	5:12	8:20	
4	Sat	2:22	8.1	2:58	7.4	9:00	0.5	9:15	1.4	5:12	8:20	
5	Sun	3:06	8.0	3:41	7.6	9:43	0.6	10:04	1.2	5:13	8:20	
6	Mon	3:54	7.8	4:28	7.9	10:28	0.7	10:56	1.1	5:14	8:19	
7	Tue	4:46	7.6	5:17	8.1	11:16	0.8	11:50	0.9	5:14	8:19	
8	Wed	5:42	7.5	6:10	8.4			12:07	0.9	5:15	8:19	
9	Thu	6:42	7.3	7:06	8.6	12:47	0.6	1:00	1.0	5:16	8:18	
10	Fri	7:44	7.3	8:04	9.0	1:45	0.3	1:57	0.9	5:16	8:18	
11	Sat	8:45	7.4	9:02	9.3	2:44	-0.1	2:54	0.8	5:17	8:17	
12	Sun	9:45	7.6	9:59	9.6	3:41	-0.4	3:50	0.6	5:18	8:17	
13	Mon	10:42	7.8	10:56	9.8	4:37	-0.7	4:46	0.3	5:19	8:16	
14	Tue	11:38	8.1	11:52	9.9	5:31	-1.0	5:40	0.1	5:20	8:16	
15	Wed			12:32	8.3	6:23	-1.1	6:34	-0.1	5:20	8:15	
16	Thu	12:45	9.9	1:23	8.5	7:13	-1.1	7:28	-0.1	5:21	8:14	
17	Fri	1:38	9.6	2:14	8.6	8:03	-0.9	8:21	-0.1	5:22	8:14	
18	Sat	2:29	9.2	3:04	8.6	8:52	-0.6	9:15	0.1	5:23	8:13	
19	Sun	3:22	8.7	3:55	8.5	9:42	-0.2	10:10	0.3	5:24	8:12	
20	Mon	4:16	8.2	4:46	8.4	10:32	0.2	11:05	0.5	5:25	8:12	
21	Tue	5:12	7.6	5:39	8.2	11:23	0.7			5:25	8:11	
22	Wed	6:09	7.1	6:33	8.0	12:00	0.7	12:15	1.1	5:26	8:10	
23	Thu	7:10	6.8	7:28	7.9	12:57	0.9	1:09	1.5	5:27	8:09	
24	Fri	8:10	6.6	8:22	7.8	1:54	1.0	2:03	1.7	5:28	8:08	
25	Sat	9:06	6.5	9:13	7.8	2:49	1.0	2:55	1.8	5:29	8:07	
26	Sun	9:56	6.5	9:59	7.9	3:40	1.0	3:44	1.8	5:30	8:06	
27	Mon	10:40	6.6	10:43	8.0	4:27	0.9	4:30	1.7	5:31	8:05	
28	Tue	11:21	6.7	11:23	8.1	5:11	0.7	5:14	1.6	5:32	8:04	
29	Wed	11:58	6.9			5:51	0.6	5:57	1.4	5:33	8:03	
30	Thu	12:02	8.2	12:34	7.2	6:31	0.5	6:38	1.2	5:34	8:02	
31	Fri	12:40	8.3	1:10	7.4	7:09	0.4	7:20	1.1	5:35	8:01	