

































Cape Cod Canal, Sagamore, MA - Jan 2030

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Tue	8:00	9.4	8:40	7.9	1:48	0.4	2:33	-0.6	7:09	4:22	
2	Wed	8:57	9.7	9:37	8.1	2:45	0.2	3:28	-0.9	7:09	4:23	
3	Thu	9:52	9.8	10:32	8.3	3:40	0.1	4:22	-1.0	7:09	4:24	
4	Fri	10:45	9.8	11:24	8.4	4:33	0.0	5:12	-1.1	7:09	4:24	
5	Sat	11:36	9.7			5:25	-0.1	6:01	-1.0	7:09	4:25	
6	Sun	12:13	8.5	12:25	9.4	6:15	0.0	6:48	-0.8	7:09	4:26	
7	Mon	1:00	8.5	1:13	9.1	7:05	0.1	7:35	-0.5	7:09	4:27	
8	Tue	1:46	8.4	2:01	8.6	7:55	0.3	8:22	-0.1	7:09	4:28	
9	Wed	2:33	8.2	2:50	8.1	8:47	0.6	9:10	0.3	7:08	4:29	
10	Thu	3:21	8.1	3:41	7.6	9:38	0.8	9:59	0.7	7:08	4:30	
11	Fri	4:10	7.9	4:34	7.1	10:31	1.0	10:49	1.1	7:08	4:32	
12	Sat	5:02	7.8	5:31	6.8	11:25	1.1	11:40	1.4	7:07	4:33	
13	Sun	5:55	7.7	6:29	6.6			12:21	1.2	7:07	4:34	
14	Mon	6:49	7.7	7:26	6.6	12:33	1.6	1:16	1.1	7:07	4:35	
15	Tue	7:40	7.8	8:18	6.6	1:26	1.7	2:08	1.0	7:06	4:36	
16	Wed	8:28	7.9	9:05	6.7	2:16	1.6	2:57	0.8	7:06	4:37	
17	Thu	9:13	8.1	9:48	6.9	3:04	1.5	3:42	0.6	7:05	4:38	
18	Fri	9:55	8.3	10:29	7.2	3:49	1.3	4:25	0.4	7:05	4:40	
19	Sat	10:36	8.5	11:09	7.5	4:33	1.1	5:07	0.1	7:04	4:41	
20	Sun	11:17	8.7	11:48	7.8	5:16	0.9	5:47	-0.1	7:04	4:42	
21	Mon	11:58	8.8			5:59	0.6	6:29	-0.2	7:03	4:43	
22	Tue	12:28	8.2	12:41	8.9	6:44	0.4	7:11	-0.2	7:02	4:44	
23	Wed	1:10	8.5	1:27	8.8	7:31	0.2	7:56	-0.2	7:01	4:46	
24	Thu	1:56	8.7	2:17	8.6	8:22	0.1	8:44	-0.1	7:01	4:47	
25	Fri	2:45	8.9	3:11	8.3	9:16	0.1	9:36	0.1	7:00	4:48	
26	Sat	3:39	8.9	4:09	8.0	10:12	0.0	10:31	0.4	6:59	4:49	
27	Sun	4:37	9.0	5:12	7.7	11:12	0.0	11:29	0.5	6:58	4:51	
28	Mon	5:39	9.0	6:19	7.5			12:14	0.0	6:57	4:52	
29	Tue	6:43	9.0	7:25	7.6	12:30	0.6	1:16	-0.1	6:56	4:53	
30	Wed	7:46	9.2	8:28	7.7	1:31	0.6	2:17	-0.3	6:55	4:54	
31	Thu	8:46	9.3	9:26	7.9	2:30	0.4	3:13	-0.5	6:54	4:56	