


























Cape Cod Canal, Sagamore, MA - Jan 2031

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	5:01	8.4	5:29	7.5	11:18	0.5	11:36	0.7	7:09	4:22	
2	Thu	5:58	8.3	6:31	7.2			12:17	0.7	7:09	4:22	
3	Fri	6:55	8.2	7:32	7.0	12:31	1.0	1:14	0.7	7:09	4:23	
4	Sat	7:48	8.1	8:26	6.9	1:25	1.2	2:08	0.7	7:09	4:24	
5	Sun	8:36	8.1	9:13	6.9	2:16	1.3	2:57	0.7	7:09	4:25	
6	Mon	9:19	8.1	9:56	6.9	3:03	1.4	3:42	0.6	7:09	4:26	
7	Tue	10:00	8.2	10:34	7.0	3:47	1.4	4:24	0.5	7:09	4:27	
8	Wed	10:38	8.2	11:11	7.1	4:30	1.3	5:04	0.4	7:09	4:28	
9	Thu	11:16	8.3	11:47	7.3	5:11	1.2	5:43	0.3	7:08	4:29	
10	Fri	11:53	8.3			5:53	1.1	6:22	0.3	7:08	4:30	
11	Sat	12:23	7.5	12:31	8.3	6:34	1.1	7:02	0.3	7:08	4:31	
12	Sun	1:01	7.7	1:11	8.3	7:17	1.0	7:43	0.3	7:08	4:32	
13	Mon	1:40	7.8	1:53	8.1	8:02	1.0	8:27	0.4	7:07	4:33	
14	Tue	2:23	8.0	2:40	8.0	8:51	0.9	9:13	0.6	7:07	4:35	
15	Wed	3:10	8.2	3:32	7.7	9:42	0.8	10:02	0.7	7:06	4:36	
16	Thu	4:01	8.3	4:29	7.6	10:37	0.7	10:54	0.8	7:06	4:37	
17	Fri	4:56	8.5	5:29	7.4	11:34	0.5	11:50	0.8	7:05	4:38	
18	Sat	5:55	8.7	6:33	7.5			12:34	0.2	7:05	4:39	
19	Sun	6:56	9.0	7:35	7.6	12:49	0.7	1:33	-0.1	7:04	4:40	
20	Mon	7:56	9.3	8:35	7.9	1:47	0.5	2:31	-0.5	7:04	4:42	
21	Tue	8:54	9.7	9:32	8.3	2:44	0.2	3:26	-0.9	7:03	4:43	
22	Wed	9:50	9.9	10:27	8.6	3:39	-0.1	4:19	-1.2	7:02	4:44	
23	Thu	10:44	10.0	11:19	8.9	4:33	-0.4	5:10	-1.3	7:02	4:45	
24	Fri	11:36	10.0			5:26	-0.6	5:59	-1.3	7:01	4:47	
25	Sat	12:09	9.1	12:27	9.8	6:18	-0.7	6:48	-1.2	7:00	4:48	
26	Sun	12:58	9.2	1:17	9.4	7:10	-0.6	7:36	-0.8	6:59	4:49	
27	Mon	1:47	9.1	2:08	8.9	8:02	-0.3	8:26	-0.4	6:58	4:50	
28	Tue	2:37	8.9	3:00	8.3	8:55	0.0	9:16	0.1	6:58	4:52	
29	Wed	3:28	8.6	3:54	7.7	9:48	0.3	10:07	0.6	6:57	4:53	
30	Thu	4:21	8.3	4:51	7.2	10:43	0.6	11:00	1.0	6:56	4:54	
31	Fri	5:16	8.0	5:51	6.9	11:40	0.9	11:54	1.3	6:55	4:55	