

































Cape Cod Canal, Sagamore, MA - Jan 2023

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	2:59	7.6	3:11	7.8	9:08	1.1	9:35	0.6	7:09	4:22	
2	Fri	3:47	7.6	4:04	7.4	10:01	1.3	10:24	1.0	7:09	4:22	
3	Sat	4:37	7.5	4:58	7.0	10:55	1.3	11:13	1.3	7:09	4:23	
4	Sun	5:28	7.5	5:56	6.7	11:49	1.3			7:09	4:24	
5	Mon	6:19	7.6	6:53	6.6	12:04	1.6	12:44	1.3	7:09	4:25	
6	Tue	7:09	7.6	7:48	6.5	12:55	1.7	1:38	1.1	7:09	4:26	
7	Wed	7:57	7.8	8:37	6.6	1:46	1.8	2:28	1.0	7:09	4:27	
8	Thu	8:43	7.9	9:23	6.6	2:34	1.8	3:16	0.8	7:09	4:28	
9	Fri	9:26	8.1	10:06	6.8	3:20	1.7	4:01	0.6	7:08	4:29	
10	Sat	10:09	8.3	10:48	7.0	4:05	1.6	4:44	0.3	7:08	4:30	
11	Sun	10:51	8.6	11:28	7.2	4:48	1.4	5:26	0.1	7:08	4:31	
12	Mon	11:33	8.8			5:31	1.2	6:08	-0.1	7:07	4:32	
13	Tue	12:09	7.5	12:15	8.9	6:16	1.0	6:51	-0.2	7:07	4:34	
14	Wed	12:51	7.8	1:00	8.9	7:02	0.8	7:35	-0.2	7:07	4:35	
15	Thu	1:35	8.1	1:48	8.8	7:51	0.6	8:21	-0.2	7:06	4:36	
16	Fri	2:23	8.4	2:40	8.5	8:44	0.4	9:10	0.0	7:06	4:37	
17	Sat	3:13	8.6	3:37	8.2	9:40	0.3	10:02	0.2	7:05	4:38	
18	Sun	4:08	8.7	4:37	7.9	10:38	0.2	10:57	0.5	7:05	4:39	
19	Mon	5:05	8.8	5:41	7.6	11:39	0.1	11:54	0.7	7:04	4:41	
20	Tue	6:06	8.9	6:48	7.4			12:41	0.0	7:04	4:42	
21	Wed	7:09	9.0	7:53	7.4	12:54	0.8	1:43	-0.1	7:03	4:43	
22	Thu	8:09	9.1	8:55	7.4	1:54	0.8	2:43	-0.3	7:02	4:44	
23	Fri	9:08	9.2	9:52	7.6	2:52	0.8	3:39	-0.4	7:02	4:45	
24	Sat	10:03	9.2	10:45	7.7	3:47	0.7	4:31	-0.4	7:01	4:47	
25	Sun	10:54	9.2	11:33	7.8	4:39	0.6	5:19	-0.4	7:00	4:48	
26	Mon	11:41	9.0			5:28	0.6	6:04	-0.3	6:59	4:49	
27	Tue	12:16	7.9	12:25	8.8	6:15	0.6	6:47	-0.1	6:58	4:50	
28	Wed	12:57	7.9	1:08	8.5	7:01	0.7	7:29	0.1	6:57	4:52	
29	Thu	1:38	7.9	1:50	8.1	7:47	0.8	8:12	0.4	6:57	4:53	
30	Fri	2:19	7.8	2:35	7.7	8:34	0.9	8:56	0.8	6:56	4:54	
31	Sat	3:01	7.8	3:22	7.3	9:23	1.1	9:42	1.2	6:55	4:56	