





























## Cape Cod Canal, Sagamore, MA - Jan 2024

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	4:35	8.8	5:00	8.3	10:51	0.1	11:15	-0.1	7:09	4:22	
2	Fri	5:36	8.7	6:05	7.9	11:52	0.2			7:09	4:23	
3	Sat	6:36	8.6	7:09	7.6	12:13	0.3	12:53	0.3	7:09	4:24	
4	Sun	7:34	8.6	8:09	7.5	1:09	0.6	1:51	0.3	7:09	4:25	
5	Mon	8:26	8.5	9:03	7.4	2:03	0.8	2:45	0.3	7:09	4:26	
6	Tue	9:13	8.5	9:50	7.3	2:54	0.9	3:33	0.3	7:09	4:26	
7	Wed	9:56	8.4	10:32	7.3	3:40	1.0	4:17	0.3	7:09	4:27	
8	Thu	10:36	8.4	11:10	7.2	4:23	1.1	4:58	0.3	7:08	4:28	
9	Fri	11:13	8.3	11:45	7.3	5:05	1.1	5:37	0.3	7:08	4:30	
10	Sat	11:50	8.3			5:46	1.2	6:17	0.3	7:08	4:31	
11	Sun	12:21	7.3	12:27	8.2	6:27	1.2	6:56	0.3	7:08	4:32	
12	Mon	12:58	7.4	1:05	8.2	7:09	1.2	7:38	0.4	7:07	4:33	
13	Tue	1:36	7.5	1:46	8.0	7:53	1.2	8:21	0.5	7:07	4:34	
14	Wed	2:18	7.6	2:30	7.8	8:40	1.3	9:06	0.7	7:07	4:35	
15	Thu	3:02	7.6	3:18	7.6	9:29	1.3	9:53	0.8	7:06	4:36	
16	Fri	3:50	7.7	4:10	7.4	10:21	1.2	10:42	1.0	7:06	4:37	
17	Sat	4:41	7.9	5:06	7.3	11:15	1.1	11:33	1.0	7:05	4:39	
18	Sun	5:35	8.1	6:05	7.3			12:11	0.8	7:05	4:40	
19	Mon	6:30	8.4	7:05	7.4	12:27	1.0	1:07	0.5	7:04	4:41	
20	Tue	7:27	8.8	8:03	7.7	1:22	0.8	2:03	0.0	7:03	4:42	
21	Wed	8:22	9.2	8:59	8.0	2:17	0.6	2:57	-0.5	7:03	4:43	
22	Thu	9:16	9.6	9:54	8.4	3:10	0.2	3:50	-0.9	7:02	4:45	
23	Fri	10:10	10.0	10:47	8.7	4:03	-0.2	4:41	-1.3	7:01	4:46	
24	Sat	11:03	10.2	11:39	9.1	4:56	-0.5	5:32	-1.5	7:00	4:47	
25	Sun	11:56	10.3			5:48	-0.7	6:22	-1.6	7:00	4:48	
26	Mon	12:30	9.3	12:48	10.1	6:41	-0.8	7:13	-1.5	6:59	4:50	
27	Tue	1:21	9.4	1:41	9.7	7:35	-0.7	8:04	-1.2	6:58	4:51	
28	Wed	2:14	9.3	2:36	9.2	8:30	-0.6	8:57	-0.8	6:57	4:52	
29	Thu	3:09	9.1	3:33	8.6	9:27	-0.3	9:51	-0.3	6:56	4:53	
30	Fri	4:05	8.9	4:33	8.1	10:24	0.0	10:46	0.2	6:55	4:55	
31	Sat	5:03	8.6	5:36	7.6	11:23	0.3	11:42	0.7	6:54	4:56	