

Chatham, MA - Jan 2000

| Date | | High | | | | Low | | | | ☀ | | ☾ |
|------|-----|-------|-----|-------|-----|-------|------|-------|------|------|------|------|
| | | AM | ft | PM | ft | AM | ft | PM | ft | Rise | Set | Moon |
| 1 | Sat | 8:07 | 5.1 | 8:38 | 4.4 | 2:03 | -0.1 | 2:47 | -0.2 | 7:06 | 4:19 | ☾ |
| 2 | Sun | 8:57 | 5.1 | 9:30 | 4.4 | 2:52 | 0.0 | 3:41 | -0.3 | 7:06 | 4:20 | ☾ |
| 3 | Mon | 9:44 | 5.2 | 10:19 | 4.4 | 3:40 | 0.0 | 4:31 | -0.4 | 7:06 | 4:21 | ☾ |
| 4 | Tue | 10:27 | 5.3 | 11:04 | 4.5 | 4:25 | 0.1 | 5:17 | -0.4 | 7:06 | 4:22 | ☾ |
| 5 | Wed | 11:07 | 5.4 | 11:45 | 4.5 | 5:08 | 0.1 | 5:59 | -0.4 | 7:06 | 4:23 | ☾ |
| 6 | Thu | 11:43 | 5.4 | | | 5:49 | 0.2 | 6:39 | -0.4 | 7:06 | 4:24 | ☾ |
| 7 | Fri | 12:23 | 4.5 | 12:18 | 5.4 | 6:28 | 0.2 | 7:18 | -0.4 | 7:06 | 4:25 | ☾ |
| 8 | Sat | 1:00 | 4.5 | 12:52 | 5.4 | 7:08 | 0.2 | 7:56 | -0.4 | 7:06 | 4:26 | ☾ |
| 9 | Sun | 1:35 | 4.5 | 1:27 | 5.4 | 7:47 | 0.2 | 8:33 | -0.3 | 7:06 | 4:27 | ☾ |
| 10 | Mon | 2:10 | 4.5 | 2:05 | 5.3 | 8:27 | 0.2 | 9:09 | -0.3 | 7:06 | 4:28 | ☾ |
| 11 | Tue | 2:46 | 4.5 | 2:46 | 5.2 | 9:09 | 0.1 | 9:47 | -0.3 | 7:05 | 4:29 | ☾ |
| 12 | Wed | 3:25 | 4.6 | 3:32 | 5.1 | 9:54 | 0.1 | 10:26 | -0.3 | 7:05 | 4:30 | ☾ |
| 13 | Thu | 4:09 | 4.7 | 4:24 | 4.9 | 10:45 | 0.1 | 11:11 | -0.2 | 7:05 | 4:31 | ☾ |
| 14 | Fri | 4:58 | 4.9 | 5:22 | 4.7 | 11:44 | 0.1 | | | 7:04 | 4:32 | ☾ |
| 15 | Sat | 5:53 | 5.1 | 6:25 | 4.6 | 12:01 | -0.1 | 12:50 | 0.0 | 7:04 | 4:33 | ☾ |
| 16 | Sun | 6:52 | 5.3 | 7:30 | 4.6 | 12:57 | -0.1 | 1:55 | -0.1 | 7:04 | 4:34 | ☾ |
| 17 | Mon | 7:51 | 5.6 | 8:34 | 4.6 | 1:56 | 0.0 | 3:00 | -0.3 | 7:03 | 4:35 | ☾ |
| 18 | Tue | 8:51 | 5.9 | 9:35 | 4.8 | 2:57 | -0.1 | 4:02 | -0.5 | 7:03 | 4:37 | ☾ |
| 19 | Wed | 9:49 | 6.2 | 10:33 | 5.0 | 3:58 | -0.1 | 5:00 | -0.6 | 7:02 | 4:38 | ☾ |
| 20 | Thu | 10:46 | 6.4 | 11:27 | 5.2 | 4:57 | -0.2 | 5:55 | -0.8 | 7:01 | 4:39 | ☾ |
| 21 | Fri | 11:40 | 6.6 | | | 5:54 | -0.3 | 6:48 | -0.9 | 7:01 | 4:40 | ☾ |
| 22 | Sat | 12:20 | 5.4 | 12:32 | 6.5 | 6:49 | -0.3 | 7:39 | -0.9 | 7:00 | 4:41 | ☾ |
| 23 | Sun | 1:12 | 5.4 | 1:25 | 6.3 | 7:43 | -0.3 | 8:28 | -0.8 | 6:59 | 4:43 | ☾ |
| 24 | Mon | 2:04 | 5.4 | 2:20 | 6.0 | 8:37 | -0.3 | 9:15 | -0.7 | 6:59 | 4:44 | ☾ |
| 25 | Tue | 2:57 | 5.4 | 3:14 | 5.7 | 9:30 | -0.3 | 10:03 | -0.6 | 6:58 | 4:45 | ☾ |
| 26 | Wed | 3:50 | 5.3 | 4:10 | 5.2 | 10:23 | -0.2 | 10:50 | -0.4 | 6:57 | 4:46 | ☾ |
| 27 | Thu | 4:43 | 5.1 | 5:08 | 4.8 | 11:20 | -0.1 | 11:39 | -0.2 | 6:56 | 4:48 | ☾ |
| 28 | Fri | 5:38 | 5.0 | 6:08 | 4.5 | | | 12:18 | 0.0 | 6:55 | 4:49 | ☾ |
| 29 | Sat | 6:34 | 4.9 | 7:08 | 4.2 | 12:30 | 0.0 | 1:16 | -0.1 | 6:55 | 4:50 | ☾ |
| 30 | Sun | 7:28 | 4.8 | 8:05 | 4.1 | 1:21 | 0.1 | 2:13 | -0.1 | 6:54 | 4:51 | ☾ |
| 31 | Mon | 8:21 | 4.8 | 9:00 | 4.1 | 2:12 | 0.1 | 3:08 | -0.2 | 6:53 | 4:53 | ☾ |