

Essex, MA - Nov 1969

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	3:54	7.8	3:52	8.8	9:58	2.3	10:41	1.6	6:17	4:36	
2	Sun	4:47	7.7	4:47	8.5	10:50	2.4	11:33	1.7	6:18	4:35	
3	Mon	5:42	7.8	5:48	8.3	11:47	2.4			6:19	4:33	
4	Tue	6:38	8.0	6:50	8.3	12:26	1.7	12:45	2.2	6:20	4:32	
5	Wed	7:30	8.3	7:47	8.4	1:18	1.6	1:41	1.8	6:22	4:31	
6	Thu	8:18	8.8	8:39	8.6	2:08	1.4	2:36	1.4	6:23	4:30	
7	Fri	9:01	9.3	9:28	8.8	2:56	1.2	3:28	0.9	6:24	4:29	
8	Sat	9:43	9.9	10:14	9.0	3:43	1.0	4:18	0.4	6:25	4:27	
9	Sun	10:24	10.4	10:59	9.2	4:29	0.8	5:07	-0.1	6:27	4:26	
10	Mon	11:06	10.8	11:44	9.2	5:15	0.6	5:55	-0.4	6:28	4:25	
11	Tue	11:49	11.0			6:02	0.6	6:43	-0.7	6:29	4:24	
12	Wed	12:31	9.3	12:35	11.1	6:50	0.6	7:33	-0.7	6:30	4:23	
13	Thu	1:21	9.2	1:25	11.0	7:40	0.7	8:25	-0.6	6:32	4:22	
14	Fri	2:14	9.1	2:19	10.8	8:32	0.8	9:18	-0.4	6:33	4:21	
15	Sat	3:12	9.0	3:18	10.4	9:28	0.9	10:14	-0.2	6:34	4:20	
16	Sun	4:13	8.9	4:22	10.0	10:27	1.1	11:12	0.1	6:35	4:19	
17	Mon	5:16	9.0	5:30	9.6	11:30	1.1			6:37	4:19	
18	Tue	6:21	9.2	6:40	9.4	12:11	0.3	12:35	1.0	6:38	4:18	
19	Wed	7:21	9.5	7:44	9.3	1:10	0.4	1:40	0.8	6:39	4:17	
20	Thu	8:17	9.9	8:43	9.2	2:06	0.5	2:42	0.5	6:40	4:16	
21	Fri	9:08	10.2	9:37	9.1	2:58	0.5	3:40	0.2	6:42	4:16	
22	Sat	9:56	10.4	10:27	9.0	3:47	0.6	4:32	0.0	6:43	4:15	
23	Sun	10:39	10.5	11:13	8.9	4:32	0.7	5:19	-0.1	6:44	4:14	
24	Mon	11:19	10.4	11:55	8.8	5:14	0.9	6:00	0.0	6:45	4:14	
25	Tue	11:57	10.3			5:55	1.1	6:40	0.1	6:46	4:13	
26	Wed	12:36	8.6	12:33	10.1	6:35	1.3	7:18	0.2	6:47	4:13	
27	Thu	1:16	8.4	1:10	9.9	7:15	1.5	7:57	0.4	6:49	4:12	
28	Fri	1:55	8.3	1:49	9.6	7:57	1.6	8:38	0.7	6:50	4:12	
29	Sat	2:35	8.1	2:31	9.3	8:40	1.8	9:19	0.9	6:51	4:11	
30	Sun	3:16	8.0	3:16	9.0	9:26	1.9	10:03	1.1	6:52	4:11	