

Essex, MA - Dec 1969

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	4:00	8.0	4:04	8.7	10:15	2.0	10:50	1.3	6:53	4:10	
2	Tue	4:47	8.1	4:56	8.4	11:08	2.0	11:39	1.5	6:54	4:10	
3	Wed	5:38	8.3	5:53	8.2			12:04	2.0	6:55	4:10	
4	Thu	6:30	8.6	6:52	8.1	12:30	1.5	1:02	1.7	6:56	4:10	
5	Fri	7:23	9.0	7:52	8.1	1:21	1.4	2:00	1.4	6:57	4:09	
6	Sat	8:14	9.5	8:49	8.2	2:13	1.3	2:57	0.9	6:58	4:09	
7	Sun	9:05	10.0	9:45	8.5	3:06	1.1	3:52	0.4	6:59	4:09	
8	Mon	9:54	10.5	10:38	8.8	3:58	0.9	4:46	-0.2	7:00	4:09	
9	Tue	10:44	10.9	11:29	9.0	4:50	0.7	5:38	-0.7	7:01	4:09	
10	Wed	11:33	11.2			5:42	0.4	6:29	-1.0	7:02	4:09	
11	Thu	12:20	9.2	12:24	11.4	6:33	0.3	7:19	-1.2	7:03	4:09	
12	Fri	1:11	9.4	1:16	11.3	7:25	0.2	8:10	-1.2	7:03	4:09	
13	Sat	2:05	9.4	2:11	11.0	8:19	0.2	9:02	-1.0	7:04	4:10	
14	Sun	3:00	9.5	3:09	10.6	9:14	0.3	9:54	-0.7	7:05	4:10	
15	Mon	3:56	9.5	4:08	10.1	10:10	0.5	10:47	-0.3	7:06	4:10	
16	Tue	4:54	9.5	5:10	9.5	11:10	0.7	11:41	0.1	7:06	4:10	
17	Wed	5:53	9.5	6:15	9.0			12:13	0.8	7:07	4:11	
18	Thu	6:52	9.6	7:19	8.6	12:37	0.5	1:18	0.9	7:08	4:11	
19	Fri	7:49	9.7	8:19	8.4	1:32	0.8	2:23	0.8	7:08	4:11	
20	Sat	8:42	9.8	9:16	8.3	2:26	1.0	3:24	0.6	7:09	4:12	
21	Sun	9:32	9.9	10:08	8.3	3:17	1.2	4:18	0.4	7:09	4:12	
22	Mon	10:18	10.0	10:55	8.3	4:05	1.3	5:04	0.3	7:10	4:13	
23	Tue	11:00	10.0	11:38	8.3	4:49	1.4	5:44	0.2	7:10	4:13	
24	Wed	11:38	10.0			5:31	1.4	6:20	0.2	7:11	4:14	
25	Thu	12:17	8.3	12:14	9.9	6:11	1.3	6:56	0.2	7:11	4:14	
26	Fri	12:54	8.3	12:50	9.8	6:51	1.3	7:32	0.3	7:12	4:15	
27	Sat	1:29	8.3	1:26	9.7	7:32	1.3	8:10	0.4	7:12	4:16	
28	Sun	2:04	8.3	2:04	9.5	8:14	1.3	8:48	0.5	7:12	4:16	
29	Mon	2:40	8.4	2:44	9.2	8:57	1.3	9:28	0.7	7:12	4:17	
30	Tue	3:18	8.5	3:27	8.9	9:42	1.4	10:10	0.9	7:13	4:18	
31	Wed	4:00	8.6	4:14	8.5	10:31	1.6	10:54	1.2	7:13	4:19	