

Essex, MA - Jan 1970

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	4:44	8.7	5:06	8.1	11:26	1.6	11:44	1.4	7:13	4:20	
2	Fri	5:36	8.9	6:06	7.8			12:25	1.6	7:13	4:21	
3	Sat	6:33	9.1	7:11	7.7	12:38	1.5	1:26	1.3	7:13	4:21	
4	Sun	7:32	9.5	8:18	7.8	1:35	1.5	2:28	0.9	7:13	4:22	
5	Mon	8:32	9.9	9:22	8.1	2:34	1.3	3:29	0.3	7:13	4:23	
6	Tue	9:31	10.5	10:21	8.6	3:32	0.9	4:26	-0.3	7:13	4:24	
7	Wed	10:28	11.0	11:15	9.1	4:29	0.5	5:21	-0.9	7:13	4:25	
8	Thu	11:22	11.4			5:24	0.0	6:12	-1.4	7:12	4:26	
9	Fri	12:06	9.6	12:15	11.6	6:18	-0.4	7:02	-1.6	7:12	4:27	
10	Sat	12:56	9.9	1:06	11.5	7:10	-0.6	7:50	-1.7	7:12	4:28	
11	Sun	1:47	10.1	1:58	11.2	8:02	-0.6	8:38	-1.5	7:12	4:30	
12	Mon	2:37	10.2	2:51	10.7	8:54	-0.5	9:26	-1.1	7:11	4:31	
13	Tue	3:29	10.1	3:45	10.0	9:48	-0.1	10:14	-0.5	7:11	4:32	
14	Wed	4:21	9.9	4:41	9.3	10:43	0.3	11:04	0.1	7:10	4:33	
15	Thu	5:16	9.7	5:41	8.6	11:43	0.8	11:57	0.7	7:10	4:34	
16	Fri	6:14	9.4	6:44	8.0			12:46	1.1	7:10	4:35	
17	Sat	7:13	9.3	7:48	7.7	12:51	1.2	1:53	1.2	7:09	4:36	
18	Sun	8:11	9.2	8:48	7.6	1:47	1.5	2:59	1.2	7:08	4:38	
19	Mon	9:05	9.2	9:43	7.7	2:43	1.7	3:58	1.0	7:08	4:39	
20	Tue	9:55	9.4	10:32	7.9	3:35	1.7	4:44	0.8	7:07	4:40	
21	Wed	10:40	9.5	11:15	8.0	4:23	1.6	5:22	0.6	7:07	4:41	
22	Thu	11:20	9.6	11:53	8.2	5:07	1.4	5:56	0.5	7:06	4:43	
23	Fri	11:56	9.7			5:48	1.2	6:30	0.4	7:05	4:44	
24	Sat	12:27	8.4	12:30	9.7	6:28	1.0	7:04	0.3	7:04	4:45	
25	Sun	12:59	8.5	1:03	9.6	7:08	0.8	7:40	0.3	7:04	4:46	
26	Mon	1:30	8.7	1:38	9.5	7:48	0.8	8:16	0.4	7:03	4:48	
27	Tue	2:02	8.8	2:15	9.2	8:30	0.8	8:54	0.6	7:02	4:49	
28	Wed	2:39	9.0	2:56	8.9	9:14	0.9	9:34	0.8	7:01	4:50	
29	Thu	3:19	9.1	3:41	8.5	10:01	1.1	10:17	1.0	7:00	4:52	
30	Fri	4:04	9.2	4:32	8.1	10:54	1.2	11:06	1.3	6:59	4:53	
31	Sat	4:56	9.2	5:31	7.8	11:53	1.3			6:58	4:54	