

Essex, MA - Mar 1970

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	4:27	9.6	5:09	7.9	11:28	1.0	11:39	1.5	6:18	5:32	
2	Mon	5:28	9.5	6:17	7.8			12:33	1.0	6:17	5:33	
3	Tue	6:37	9.6	7:30	8.0	12:43	1.4	1:38	0.8	6:15	5:34	
4	Wed	7:49	9.8	8:38	8.5	1:48	1.1	2:42	0.3	6:13	5:35	
5	Thu	8:58	10.3	9:39	9.1	2:52	0.6	3:42	-0.2	6:12	5:37	
6	Fri	9:59	10.7	10:34	9.8	3:53	0.0	4:37	-0.7	6:10	5:38	
7	Sat	10:54	11.1	11:24	10.4	4:50	-0.6	5:28	-1.0	6:08	5:39	
8	Sun	11:45	11.2			5:43	-1.0	6:15	-1.2	6:07	5:40	
9	Mon	12:11	10.7	12:34	11.0	6:34	-1.2	7:00	-1.1	6:05	5:41	
10	Tue	12:57	10.9	1:21	10.6	7:23	-1.1	7:44	-0.8	6:03	5:43	
11	Wed	1:42	10.8	2:09	10.0	8:12	-0.7	8:28	-0.3	6:02	5:44	
12	Thu	2:28	10.4	2:57	9.3	9:00	-0.2	9:12	0.3	6:00	5:45	
13	Fri	3:15	10.0	3:48	8.7	9:50	0.4	9:58	1.0	5:58	5:46	
14	Sat	4:04	9.4	4:42	8.1	10:41	1.0	10:48	1.5	5:56	5:47	
15	Sun	4:58	8.9	5:42	7.7	11:37	1.5	11:41	2.0	5:55	5:48	
16	Mon	5:59	8.6	6:44	7.5			12:37	1.8	5:53	5:50	
17	Tue	7:03	8.4	7:45	7.5	12:39	2.2	1:38	1.9	5:51	5:51	
18	Wed	8:04	8.5	8:39	7.7	1:37	2.1	2:34	1.7	5:50	5:52	
19	Thu	8:58	8.7	9:28	8.0	2:32	1.9	3:23	1.5	5:48	5:53	
20	Fri	9:47	9.0	10:11	8.4	3:24	1.6	4:06	1.3	5:46	5:54	
21	Sat	10:29	9.2	10:48	8.7	4:12	1.2	4:46	1.0	5:44	5:55	
22	Sun	11:07	9.3	11:21	9.1	4:56	0.8	5:23	0.8	5:43	5:57	
23	Mon	11:42	9.4	11:52	9.4	5:39	0.5	6:01	0.7	5:41	5:58	
24	Tue			12:16	9.4	6:21	0.3	6:39	0.7	5:39	5:59	
25	Wed	12:24	9.6	12:51	9.3	7:03	0.2	7:18	0.7	5:37	6:00	
26	Thu	12:59	9.9	1:30	9.1	7:46	0.2	7:59	0.8	5:36	6:01	
27	Fri	1:39	10.0	2:14	8.9	8:31	0.2	8:42	1.0	5:34	6:02	
28	Sat	2:23	10.0	3:02	8.7	9:20	0.4	9:30	1.2	5:32	6:04	
29	Sun	3:13	9.9	3:56	8.4	10:13	0.5	10:24	1.4	5:30	6:05	
30	Mon	4:09	9.8	4:56	8.3	11:11	0.7	11:23	1.4	5:29	6:06	
31	Tue	5:12	9.7	6:04	8.3			12:13	0.7	5:27	6:07	