

Essex, MA - Aug 1970

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	11:54	8.4			6:02	0.7	5:50	1.5	5:34	8:04	
2	Sun	12:01	9.8	12:34	8.6	6:38	0.6	6:32	1.4	5:35	8:02	
3	Mon	12:40	9.8	1:10	8.7	7:12	0.6	7:12	1.2	5:36	8:01	
4	Tue	1:15	9.7	1:43	8.8	7:46	0.7	7:52	1.1	5:37	8:00	
5	Wed	1:50	9.6	2:14	8.9	8:21	0.7	8:32	1.1	5:38	7:59	
6	Thu	2:25	9.4	2:47	9.0	8:58	0.9	9:14	1.1	5:39	7:58	
7	Fri	3:01	9.1	3:22	9.1	9:36	1.0	9:58	1.2	5:40	7:56	
8	Sat	3:41	8.8	4:01	9.2	10:15	1.3	10:44	1.3	5:41	7:55	
9	Sun	4:25	8.5	4:44	9.3	10:57	1.5	11:35	1.4	5:43	7:54	
10	Mon	5:15	8.1	5:33	9.3	11:45	1.8			5:44	7:52	
11	Tue	6:11	7.8	6:28	9.3	12:31	1.5	12:39	1.9	5:45	7:51	
12	Wed	7:15	7.7	7:30	9.5	1:31	1.4	1:39	1.9	5:46	7:49	
13	Thu	8:24	7.9	8:36	9.8	2:33	1.1	2:41	1.7	5:47	7:48	
14	Fri	9:30	8.3	9:40	10.2	3:34	0.7	3:42	1.3	5:48	7:47	
15	Sat	10:30	8.9	10:41	10.7	4:33	0.1	4:42	0.7	5:49	7:45	
16	Sun	11:25	9.5	11:38	11.1	5:28	-0.4	5:39	0.1	5:50	7:44	
17	Mon			12:16	10.1	6:20	-0.9	6:33	-0.4	5:51	7:42	
18	Tue	12:31	11.4	1:04	10.6	7:09	-1.2	7:25	-0.8	5:52	7:41	
19	Wed	1:22	11.4	1:52	10.9	7:57	-1.2	8:17	-0.9	5:53	7:39	
20	Thu	2:13	11.1	2:41	11.0	8:44	-1.0	9:09	-0.8	5:54	7:38	
21	Fri	3:05	10.6	3:31	10.9	9:31	-0.7	10:02	-0.4	5:55	7:36	
22	Sat	3:58	10.0	4:22	10.6	10:19	-0.1	10:56	0.0	5:56	7:34	
23	Sun	4:54	9.2	5:16	10.2	11:09	0.5	11:53	0.6	5:58	7:33	
24	Mon	5:53	8.6	6:14	9.7			12:01	1.2	5:59	7:31	
25	Tue	6:57	8.1	7:16	9.4	12:55	1.0	12:58	1.7	6:00	7:30	
26	Wed	8:02	7.9	8:19	9.2	2:01	1.2	1:57	2.0	6:01	7:28	
27	Thu	9:02	7.9	9:17	9.2	3:06	1.3	2:56	2.0	6:02	7:26	
28	Fri	9:57	8.1	10:10	9.3	4:04	1.2	3:51	1.9	6:03	7:25	
29	Sat	10:45	8.4	10:57	9.5	4:51	1.1	4:41	1.7	6:04	7:23	
30	Sun	11:27	8.6	11:39	9.6	5:30	0.9	5:25	1.4	6:05	7:21	
31	Mon			12:05	8.8	6:04	0.8	6:06	1.1	6:06	7:20	