

Essex, MA - Jan 1976

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	10:57	10.9	11:33	9.3	4:48	0.2	5:39	-0.7	7:13	4:19	
2	Fri	11:44	10.8			5:37	0.1	6:23	-0.7	7:13	4:20	
3	Sat	12:18	9.3	12:27	10.7	6:23	0.2	7:04	-0.6	7:13	4:21	
4	Sun	1:02	9.3	1:09	10.4	7:07	0.3	7:43	-0.4	7:13	4:22	
5	Mon	1:43	9.2	1:49	10.0	7:49	0.5	8:21	-0.1	7:13	4:23	
6	Tue	2:23	9.1	2:29	9.6	8:32	0.8	9:00	0.2	7:13	4:24	
7	Wed	3:03	8.9	3:10	9.1	9:16	1.0	9:41	0.6	7:13	4:25	
8	Thu	3:43	8.8	3:54	8.7	10:02	1.3	10:24	0.9	7:12	4:26	
9	Fri	4:26	8.7	4:43	8.2	10:51	1.5	11:10	1.2	7:12	4:27	
10	Sat	5:14	8.6	5:37	7.8	11:44	1.6			7:12	4:28	
11	Sun	6:06	8.6	6:37	7.6	12:00	1.5	12:41	1.7	7:12	4:29	
12	Mon	7:02	8.7	7:40	7.6	12:53	1.6	1:38	1.5	7:11	4:30	
13	Tue	7:57	9.0	8:38	7.7	1:48	1.5	2:35	1.2	7:11	4:31	
14	Wed	8:50	9.3	9:32	8.0	2:42	1.4	3:30	0.7	7:11	4:32	
15	Thu	9:40	9.7	10:20	8.5	3:35	1.0	4:21	0.2	7:10	4:34	
16	Fri	10:26	10.2	11:05	8.9	4:27	0.7	5:09	-0.3	7:10	4:35	
17	Sat	11:11	10.6	11:47	9.4	5:17	0.2	5:56	-0.8	7:09	4:36	
18	Sun	11:55	10.9			6:05	-0.2	6:41	-1.1	7:09	4:37	
19	Mon	12:30	9.8	12:40	11.1	6:53	-0.4	7:26	-1.3	7:08	4:38	
20	Tue	1:14	10.1	1:28	11.0	7:42	-0.6	8:13	-1.3	7:08	4:40	
21	Wed	2:01	10.3	2:17	10.8	8:32	-0.6	9:00	-1.1	7:07	4:41	
22	Thu	2:50	10.4	3:10	10.3	9:24	-0.5	9:50	-0.8	7:06	4:42	
23	Fri	3:43	10.3	4:07	9.7	10:20	-0.2	10:42	-0.4	7:05	4:43	
24	Sat	4:39	10.2	5:09	9.2	11:19	0.1	11:38	0.0	7:05	4:45	
25	Sun	5:42	10.0	6:17	8.7			12:22	0.3	7:04	4:46	
26	Mon	6:48	9.9	7:28	8.5	12:37	0.4	1:29	0.4	7:03	4:47	
27	Tue	7:55	10.0	8:34	8.5	1:38	0.6	2:37	0.3	7:02	4:48	
28	Wed	8:57	10.1	9:34	8.6	2:39	0.6	3:41	0.1	7:01	4:50	
29	Thu	9:53	10.2	10:27	8.9	3:38	0.6	4:37	-0.1	7:00	4:51	
30	Fri	10:43	10.3	11:14	9.1	4:31	0.4	5:23	-0.3	6:59	4:52	
31	Sat	11:27	10.3	11:56	9.2	5:19	0.3	6:02	-0.3	6:58	4:54	