

Essex, MA - Jul 1976

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	2:19	10.4	2:56	9.7	9:11	-0.3	9:28	0.5	5:09	8:24	
2	Fri	3:07	10.4	3:42	9.9	9:57	-0.3	10:18	0.4	5:09	8:24	
3	Sat	3:58	10.2	4:32	10.1	10:45	-0.2	11:11	0.4	5:10	8:24	
4	Sun	4:52	9.9	5:26	10.3	11:35	0.0			5:10	8:24	
5	Mon	5:51	9.6	6:23	10.4	12:07	0.4	12:29	0.2	5:11	8:23	
6	Tue	6:55	9.3	7:25	10.5	1:07	0.3	1:26	0.4	5:12	8:23	
7	Wed	8:03	9.1	8:28	10.6	2:10	0.2	2:24	0.5	5:12	8:23	
8	Thu	9:10	9.1	9:31	10.8	3:12	0.0	3:23	0.5	5:13	8:22	
9	Fri	10:13	9.3	10:30	11.0	4:15	-0.2	4:22	0.4	5:14	8:22	
10	Sat	11:12	9.4	11:26	11.1	5:14	-0.5	5:19	0.3	5:14	8:21	
11	Sun			12:05	9.6	6:09	-0.6	6:13	0.2	5:15	8:21	
12	Mon	12:17	11.0	12:54	9.7	6:58	-0.6	7:03	0.2	5:16	8:20	
13	Tue	1:06	10.9	1:41	9.7	7:43	-0.5	7:50	0.3	5:17	8:20	
14	Wed	1:51	10.6	2:25	9.7	8:25	-0.3	8:35	0.5	5:18	8:19	
15	Thu	2:36	10.2	3:09	9.5	9:06	0.0	9:20	0.7	5:18	8:19	
16	Fri	3:19	9.8	3:51	9.4	9:47	0.4	10:05	1.0	5:19	8:18	
17	Sat	4:03	9.3	4:33	9.2	10:27	0.7	10:50	1.2	5:20	8:17	
18	Sun	4:49	8.9	5:16	9.1	11:10	1.1	11:38	1.4	5:21	8:16	
19	Mon	5:37	8.5	6:03	9.0	11:55	1.4			5:22	8:16	
20	Tue	6:31	8.1	6:53	8.9	12:29	1.6	12:44	1.7	5:23	8:15	
21	Wed	7:29	7.9	7:46	9.0	1:24	1.6	1:35	1.8	5:24	8:14	
22	Thu	8:28	7.9	8:40	9.1	2:19	1.5	2:28	1.8	5:25	8:13	
23	Fri	9:24	8.0	9:32	9.3	3:14	1.3	3:21	1.7	5:26	8:12	
24	Sat	10:15	8.3	10:21	9.6	4:07	1.0	4:14	1.5	5:27	8:11	
25	Sun	11:02	8.6	11:06	9.9	4:58	0.6	5:05	1.1	5:28	8:10	
26	Mon	11:45	9.0	11:50	10.3	5:46	0.2	5:55	0.8	5:29	8:09	
27	Tue			12:26	9.4	6:32	-0.1	6:43	0.4	5:30	8:08	
28	Wed	12:33	10.5	1:06	9.8	7:16	-0.4	7:31	0.1	5:31	8:07	
29	Thu	1:16	10.7	1:48	10.1	8:01	-0.6	8:19	-0.1	5:32	8:06	
30	Fri	2:02	10.7	2:33	10.4	8:47	-0.7	9:08	-0.2	5:33	8:05	
31	Sat	2:50	10.6	3:20	10.5	9:33	-0.6	9:59	-0.2	5:34	8:04	