

Essex, MA - Aug 1976

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	3:42	10.3	4:11	10.6	10:22	-0.4	10:53	-0.1	5:35	8:03	
2	Mon	4:37	9.9	5:05	10.5	11:13	-0.1	11:50	0.1	5:36	8:02	
3	Tue	5:37	9.4	6:05	10.4			12:08	0.2	5:37	8:01	
4	Wed	6:44	9.1	7:09	10.3	12:51	0.2	1:06	0.5	5:38	7:59	
5	Thu	7:53	8.9	8:16	10.3	1:54	0.3	2:06	0.7	5:39	7:58	
6	Fri	9:00	8.9	9:20	10.4	2:59	0.2	3:07	0.7	5:40	7:57	
7	Sat	10:02	9.1	10:19	10.5	4:02	0.0	4:07	0.6	5:41	7:56	
8	Sun	10:57	9.3	11:13	10.6	5:00	-0.1	5:03	0.5	5:42	7:54	
9	Mon	11:47	9.6			5:52	-0.3	5:55	0.3	5:43	7:53	
10	Tue	12:02	10.6	12:32	9.7	6:36	-0.3	6:42	0.3	5:44	7:52	
11	Wed	12:46	10.5	1:14	9.7	7:16	-0.2	7:25	0.3	5:45	7:50	
12	Thu	1:27	10.3	1:53	9.7	7:54	0.0	8:07	0.4	5:46	7:49	
13	Fri	2:07	9.9	2:31	9.6	8:31	0.3	8:49	0.6	5:47	7:47	
14	Sat	2:46	9.6	3:08	9.5	9:09	0.6	9:31	0.8	5:48	7:46	
15	Sun	3:26	9.2	3:45	9.3	9:49	0.9	10:15	1.1	5:50	7:44	
16	Mon	4:08	8.8	4:26	9.2	10:31	1.2	11:01	1.3	5:51	7:43	
17	Tue	4:53	8.4	5:10	9.0	11:15	1.5	11:51	1.5	5:52	7:41	
18	Wed	5:44	8.0	5:59	8.9			12:04	1.8	5:53	7:40	
19	Thu	6:41	7.8	6:55	8.8	12:45	1.6	12:58	1.9	5:54	7:38	
20	Fri	7:42	7.8	7:54	8.9	1:42	1.6	1:53	1.9	5:55	7:37	
21	Sat	8:42	8.0	8:52	9.2	2:38	1.4	2:50	1.7	5:56	7:35	
22	Sun	9:37	8.4	9:47	9.5	3:33	1.1	3:45	1.3	5:57	7:34	
23	Mon	10:27	8.9	10:38	10.0	4:25	0.6	4:38	0.9	5:58	7:32	
24	Tue	11:13	9.4	11:25	10.4	5:15	0.1	5:30	0.3	5:59	7:30	
25	Wed	11:56	10.0			6:03	-0.3	6:20	-0.1	6:00	7:29	
26	Thu	12:11	10.7	12:39	10.5	6:49	-0.7	7:09	-0.5	6:01	7:27	
27	Fri	12:57	10.9	1:23	10.8	7:35	-0.9	7:58	-0.8	6:02	7:26	
28	Sat	1:45	10.9	2:09	11.0	8:22	-0.9	8:49	-0.8	6:04	7:24	
29	Sun	2:35	10.7	2:58	11.1	9:10	-0.7	9:41	-0.7	6:05	7:22	
30	Mon	3:28	10.3	3:50	11.0	10:00	-0.4	10:35	-0.5	6:06	7:21	
31	Tue	4:25	9.8	4:47	10.7	10:52	0.0	11:33	-0.1	6:07	7:19	