

Essex, MA - Oct 1976

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	6:21	9.0	6:40	9.9	12:15	0.1	12:29	1.0	6:40	6:24	
2	Sat	7:27	8.9	7:47	9.6	1:18	0.5	1:32	1.2	6:41	6:22	
3	Sun	8:29	9.0	8:50	9.6	2:22	0.6	2:36	1.1	6:42	6:21	
4	Mon	9:25	9.2	9:46	9.6	3:21	0.6	3:36	1.0	6:43	6:19	
5	Tue	10:15	9.5	10:36	9.6	4:13	0.6	4:29	0.8	6:45	6:17	
6	Wed	11:00	9.7	11:21	9.6	4:57	0.6	5:16	0.6	6:46	6:15	
7	Thu	11:40	9.9			5:36	0.6	5:57	0.4	6:47	6:14	
8	Fri	12:02	9.6	12:17	9.9	6:12	0.7	6:35	0.3	6:48	6:12	
9	Sat	12:39	9.5	12:49	10.0	6:48	0.8	7:14	0.3	6:49	6:10	
10	Sun	1:15	9.3	1:20	9.9	7:25	0.9	7:53	0.3	6:50	6:09	
11	Mon	1:49	9.1	1:52	9.9	8:03	1.0	8:33	0.4	6:51	6:07	
12	Tue	2:25	8.9	2:27	9.8	8:43	1.2	9:15	0.6	6:53	6:05	
13	Wed	3:03	8.7	3:06	9.6	9:25	1.4	9:59	0.8	6:54	6:04	
14	Thu	3:44	8.5	3:49	9.4	10:10	1.6	10:46	1.0	6:55	6:02	
15	Fri	4:30	8.3	4:38	9.2	10:58	1.8	11:36	1.2	6:56	6:00	
16	Sat	5:21	8.3	5:31	9.1	11:52	1.9			6:57	5:59	
17	Sun	6:17	8.4	6:31	9.0	12:30	1.2	12:49	1.8	6:59	5:57	
18	Mon	7:17	8.6	7:34	9.1	1:26	1.1	1:49	1.5	7:00	5:56	
19	Tue	8:17	9.1	8:38	9.4	2:22	0.9	2:48	1.0	7:01	5:54	
20	Wed	9:14	9.8	9:39	9.8	3:17	0.5	3:45	0.4	7:02	5:53	
21	Thu	10:08	10.5	10:36	10.2	4:11	0.0	4:42	-0.3	7:03	5:51	
22	Fri	10:59	11.1	11:30	10.5	5:03	-0.4	5:36	-0.9	7:05	5:50	
23	Sat	11:49	11.6			5:54	-0.7	6:29	-1.3	7:06	5:48	
24	Sun	12:22	10.6	12:38	11.9	6:45	-0.8	7:22	-1.6	7:07	5:47	
25	Mon	1:14	10.6	1:28	12.0	7:35	-0.8	8:14	-1.6	7:08	5:45	
26	Tue	2:07	10.4	2:20	11.7	8:26	-0.6	9:06	-1.3	7:09	5:44	
27	Wed	3:02	10.1	3:14	11.3	9:18	-0.2	10:00	-0.9	7:11	5:42	
28	Thu	3:59	9.8	4:11	10.7	10:12	0.2	10:54	-0.4	7:12	5:41	
29	Fri	4:59	9.4	5:11	10.1	11:08	0.7	11:50	0.1	7:13	5:40	
30	Sat	6:00	9.2	6:16	9.6			12:06	1.1	7:14	5:38	
31	Sun	6:02	9.1	6:20	9.2	12:49	0.5	12:08	1.3	6:16	4:37	