

Essex, MA - Nov 1976

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	7:01	9.1	7:21	9.1	12:48	0.8	1:10	1.4	6:17	4:36	
2	Tue	7:55	9.2	8:17	9.0	1:43	0.9	2:09	1.3	6:18	4:34	
3	Wed	8:45	9.4	9:08	9.0	2:33	1.0	3:03	1.1	6:19	4:33	
4	Thu	9:30	9.6	9:54	9.0	3:17	1.0	3:49	0.8	6:21	4:32	
5	Fri	10:11	9.8	10:37	9.1	3:58	1.0	4:32	0.6	6:22	4:31	
6	Sat	10:48	9.9	11:17	9.0	4:38	1.0	5:11	0.4	6:23	4:29	
7	Sun	11:22	10.0	11:53	9.0	5:17	1.0	5:51	0.3	6:24	4:28	
8	Mon	11:53	10.0			5:56	1.1	6:30	0.2	6:26	4:27	
9	Tue	12:28	8.9	12:25	10.0	6:36	1.1	7:10	0.2	6:27	4:26	
10	Wed	1:02	8.8	1:00	10.0	7:17	1.2	7:52	0.3	6:28	4:25	
11	Thu	1:39	8.7	1:39	9.9	7:59	1.3	8:35	0.4	6:30	4:24	
12	Fri	2:18	8.6	2:22	9.7	8:44	1.4	9:19	0.6	6:31	4:23	
13	Sat	3:02	8.6	3:09	9.5	9:32	1.5	10:07	0.7	6:32	4:22	
14	Sun	3:50	8.7	4:01	9.4	10:24	1.5	10:58	0.8	6:33	4:21	
15	Mon	4:43	8.9	4:58	9.2	11:20	1.5	11:52	0.7	6:35	4:20	
16	Tue	5:41	9.1	6:01	9.1			12:20	1.2	6:36	4:19	
17	Wed	6:41	9.6	7:06	9.2	12:48	0.6	1:21	0.8	6:37	4:18	
18	Thu	7:41	10.1	8:11	9.4	1:44	0.4	2:21	0.3	6:38	4:18	
19	Fri	8:39	10.7	9:13	9.7	2:40	0.1	3:20	-0.3	6:39	4:17	
20	Sat	9:35	11.3	10:12	10.0	3:36	-0.2	4:18	-0.9	6:41	4:16	
21	Sun	10:29	11.7	11:07	10.2	4:30	-0.5	5:13	-1.4	6:42	4:15	
22	Mon	11:21	12.0			5:23	-0.6	6:06	-1.6	6:43	4:15	
23	Tue	12:01	10.3	12:13	11.9	6:15	-0.6	6:58	-1.6	6:44	4:14	
24	Wed	12:53	10.2	1:04	11.7	7:07	-0.5	7:49	-1.4	6:45	4:13	
25	Thu	1:47	10.0	1:57	11.2	7:59	-0.2	8:40	-1.0	6:47	4:13	
26	Fri	2:41	9.8	2:51	10.6	8:51	0.2	9:30	-0.5	6:48	4:12	
27	Sat	3:35	9.5	3:46	10.0	9:43	0.6	10:20	0.0	6:49	4:12	
28	Sun	4:31	9.3	4:43	9.4	10:38	1.0	11:11	0.5	6:50	4:11	
29	Mon	5:27	9.1	5:43	8.9	11:34	1.4			6:51	4:11	
30	Tue	6:23	9.0	6:43	8.5	12:04	0.9	12:33	1.5	6:52	4:11	