

Essex, MA - Jan 1978

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	3:27	9.1	3:41	9.2	10:05	1.1	10:31	0.5	7:13	4:20	
2	Mon	4:15	9.2	4:34	9.0	10:58	1.1	11:22	0.6	7:13	4:21	
3	Tue	5:08	9.4	5:33	8.7	11:57	1.0			7:13	4:21	
4	Wed	6:07	9.6	6:38	8.6	12:17	0.7	12:58	0.8	7:13	4:22	
5	Thu	7:09	9.9	7:46	8.7	1:15	0.6	2:00	0.4	7:13	4:23	
6	Fri	8:12	10.4	8:53	9.0	2:14	0.4	3:02	-0.1	7:13	4:24	
7	Sat	9:14	10.9	9:56	9.4	3:14	0.1	4:02	-0.7	7:13	4:25	
8	Sun	10:13	11.3	10:54	9.8	4:12	-0.3	4:59	-1.3	7:12	4:26	
9	Mon	11:08	11.7	11:48	10.1	5:08	-0.6	5:52	-1.7	7:12	4:27	
10	Tue			12:01	11.8	6:01	-0.9	6:43	-1.9	7:12	4:28	
11	Wed	12:40	10.3	12:53	11.7	6:54	-1.0	7:32	-1.8	7:12	4:30	
12	Thu	1:31	10.4	1:44	11.3	7:45	-0.9	8:20	-1.6	7:11	4:31	
13	Fri	2:22	10.3	2:35	10.8	8:36	-0.6	9:07	-1.1	7:11	4:32	
14	Sat	3:12	10.1	3:27	10.1	9:27	-0.1	9:54	-0.6	7:10	4:33	
15	Sun	4:03	9.8	4:19	9.4	10:18	0.4	10:42	0.0	7:10	4:34	
16	Mon	4:56	9.5	5:15	8.8	11:12	0.9	11:32	0.6	7:10	4:35	
17	Tue	5:51	9.2	6:14	8.3			12:09	1.2	7:09	4:37	
18	Wed	6:47	9.0	7:15	8.0	12:23	1.1	1:08	1.4	7:08	4:38	
19	Thu	7:42	9.0	8:13	7.9	1:16	1.3	2:07	1.4	7:08	4:39	
20	Fri	8:35	9.1	9:07	7.9	2:08	1.5	3:02	1.2	7:07	4:40	
21	Sat	9:24	9.2	9:57	8.1	2:59	1.4	3:52	0.9	7:06	4:41	
22	Sun	10:09	9.5	10:42	8.3	3:47	1.3	4:36	0.6	7:06	4:43	
23	Mon	10:49	9.7	11:21	8.5	4:34	1.1	5:16	0.3	7:05	4:44	
24	Tue	11:26	9.8	11:57	8.7	5:18	0.8	5:56	0.1	7:04	4:45	
25	Wed			12:00	9.9	6:00	0.6	6:34	-0.1	7:03	4:47	
26	Thu	12:29	8.9	12:33	10.0	6:42	0.5	7:14	-0.2	7:03	4:48	
27	Fri	1:01	9.1	1:09	10.0	7:25	0.4	7:53	-0.2	7:02	4:49	
28	Sat	1:36	9.2	1:48	9.9	8:08	0.4	8:34	-0.1	7:01	4:50	
29	Sun	2:15	9.4	2:31	9.7	8:53	0.4	9:17	0.0	7:00	4:52	
30	Mon	2:58	9.6	3:18	9.5	9:41	0.5	10:03	0.2	6:59	4:53	
31	Tue	3:46	9.7	4:11	9.1	10:34	0.6	10:54	0.4	6:58	4:54	