

Essex, MA - Mar 1978

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	3:23	10.1	3:54	9.3	10:14	0.1	10:33	0.3	6:18	5:32	
2	Thu	4:17	10.1	4:53	9.0	11:12	0.3	11:30	0.5	6:17	5:33	
3	Fri	5:18	10.0	6:00	8.7			12:13	0.4	6:15	5:34	
4	Sat	6:25	9.9	7:12	8.8	12:31	0.6	1:18	0.3	6:13	5:35	
5	Sun	7:36	10.1	8:21	9.0	1:33	0.5	2:22	0.0	6:12	5:37	
6	Mon	8:45	10.4	9:23	9.5	2:36	0.2	3:23	-0.3	6:10	5:38	
7	Tue	9:46	10.7	10:20	9.9	3:37	-0.2	4:21	-0.6	6:08	5:39	
8	Wed	10:41	10.9	11:10	10.3	4:34	-0.5	5:13	-0.9	6:07	5:40	
9	Thu	11:32	11.0	11:57	10.5	5:27	-0.8	6:00	-1.0	6:05	5:41	
10	Fri			12:19	10.8	6:16	-0.9	6:43	-0.9	6:03	5:43	
11	Sat	12:42	10.5	1:03	10.5	7:03	-0.8	7:25	-0.6	6:02	5:44	
12	Sun	1:25	10.4	1:47	10.1	7:48	-0.5	8:07	-0.2	6:00	5:45	
13	Mon	2:07	10.1	2:31	9.6	8:32	-0.1	8:48	0.2	5:58	5:46	
14	Tue	2:49	9.7	3:15	9.1	9:16	0.4	9:31	0.7	5:56	5:47	
15	Wed	3:32	9.4	4:02	8.6	10:02	0.8	10:15	1.2	5:55	5:49	
16	Thu	4:18	9.0	4:53	8.2	10:50	1.2	11:04	1.5	5:53	5:50	
17	Fri	5:09	8.7	5:49	7.9	11:43	1.5	11:56	1.8	5:51	5:51	
18	Sat	6:07	8.5	6:49	7.8			12:38	1.7	5:49	5:52	
19	Sun	7:08	8.5	7:48	7.9	12:51	1.8	1:34	1.6	5:48	5:53	
20	Mon	8:07	8.7	8:41	8.2	1:47	1.7	2:28	1.4	5:46	5:54	
21	Tue	9:00	8.9	9:29	8.5	2:41	1.4	3:19	1.1	5:44	5:56	
22	Wed	9:47	9.2	10:11	8.9	3:33	1.0	4:07	0.8	5:42	5:57	
23	Thu	10:30	9.5	10:50	9.3	4:23	0.6	4:52	0.4	5:41	5:58	
24	Fri	11:09	9.8	11:26	9.8	5:10	0.2	5:35	0.1	5:39	5:59	
25	Sat	11:48	10.0			5:56	-0.2	6:18	-0.1	5:37	6:00	
26	Sun	12:04	10.1	12:29	10.1	6:41	-0.4	7:02	-0.2	5:35	6:01	
27	Mon	12:44	10.4	1:12	10.1	7:28	-0.6	7:47	-0.2	5:34	6:02	
28	Tue	1:27	10.6	1:59	10.0	8:16	-0.6	8:34	-0.1	5:32	6:04	
29	Wed	2:14	10.6	2:50	9.8	9:06	-0.5	9:23	0.1	5:30	6:05	
30	Thu	3:06	10.5	3:45	9.5	9:59	-0.3	10:16	0.3	5:28	6:06	
31	Fri	4:02	10.3	4:45	9.2	10:56	0.0	11:14	0.5	5:27	6:07	