

Essex, MA - May 1978

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	7:03	10.0	7:46	9.6	1:00	0.5	1:38	0.1	5:37	7:42	
2	Tue	8:10	9.8	8:47	9.8	2:02	0.5	2:38	0.2	5:36	7:43	
3	Wed	9:13	9.8	9:43	10.0	3:04	0.4	3:35	0.3	5:34	7:44	
4	Thu	10:10	9.8	10:34	10.2	4:04	0.2	4:28	0.3	5:33	7:46	
5	Fri	11:03	9.8	11:22	10.3	4:59	0.1	5:17	0.4	5:32	7:47	
6	Sat	11:51	9.7			5:50	0.0	6:02	0.5	5:31	7:48	
7	Sun	12:05	10.4	12:35	9.6	6:35	-0.1	6:44	0.7	5:29	7:49	
8	Mon	12:46	10.3	1:17	9.4	7:16	0.0	7:24	0.8	5:28	7:50	
9	Tue	1:23	10.1	1:57	9.2	7:56	0.1	8:04	1.0	5:27	7:51	
10	Wed	2:00	10.0	2:37	9.0	8:36	0.3	8:45	1.2	5:26	7:52	
11	Thu	2:37	9.8	3:17	8.9	9:17	0.5	9:27	1.4	5:25	7:53	
12	Fri	3:17	9.5	3:57	8.7	10:00	0.7	10:11	1.5	5:23	7:54	
13	Sat	3:59	9.3	4:40	8.6	10:44	1.0	10:58	1.6	5:22	7:55	
14	Sun	4:45	9.1	5:26	8.5	11:30	1.2	11:48	1.7	5:21	7:56	
15	Mon	5:35	8.9	6:15	8.6			12:19	1.3	5:20	7:58	
16	Tue	6:29	8.7	7:07	8.7	12:41	1.7	1:11	1.4	5:19	7:59	
17	Wed	7:27	8.7	8:00	9.0	1:36	1.6	2:03	1.3	5:18	8:00	
18	Thu	8:25	8.7	8:52	9.4	2:32	1.3	2:56	1.2	5:17	8:01	
19	Fri	9:21	8.9	9:43	9.8	3:27	0.9	3:48	1.0	5:16	8:02	
20	Sat	10:16	9.2	10:33	10.3	4:22	0.4	4:40	0.7	5:16	8:03	
21	Sun	11:09	9.5	11:22	10.8	5:16	-0.1	5:32	0.4	5:15	8:04	
22	Mon			12:00	9.8	6:08	-0.6	6:23	0.1	5:14	8:05	
23	Tue	12:11	11.2	12:51	10.1	7:00	-1.0	7:14	-0.1	5:13	8:06	
24	Wed	1:01	11.4	1:43	10.2	7:51	-1.2	8:05	-0.2	5:12	8:06	
25	Thu	1:52	11.5	2:36	10.2	8:43	-1.3	8:58	-0.2	5:12	8:07	
26	Fri	2:46	11.3	3:31	10.2	9:35	-1.2	9:51	-0.1	5:11	8:08	
27	Sat	3:42	11.1	4:29	10.1	10:28	-1.0	10:46	0.1	5:10	8:09	
28	Sun	4:42	10.7	5:27	10.0	11:22	-0.6	11:43	0.3	5:10	8:10	
29	Mon	5:43	10.3	6:27	10.0			12:18	-0.3	5:09	8:11	
30	Tue	6:48	9.9	7:27	10.0	12:43	0.4	1:14	0.1	5:08	8:12	
31	Wed	7:51	9.6	8:24	10.0	1:44	0.5	2:10	0.4	5:08	8:13	