

Essex, MA - Jul 1978

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	9:22	8.8	9:42	9.8	3:20	0.8	3:24	1.2	5:08	8:24	
2	Sun	10:14	8.7	10:30	9.9	4:15	0.8	4:13	1.3	5:09	8:24	
3	Mon	11:04	8.7	11:14	9.9	5:04	0.7	5:00	1.4	5:10	8:24	
4	Tue	11:49	8.8	11:55	9.9	5:47	0.6	5:44	1.4	5:10	8:24	
5	Wed			12:30	8.8	6:26	0.5	6:26	1.3	5:11	8:23	
6	Thu	12:32	9.9	1:08	8.8	7:05	0.4	7:08	1.2	5:11	8:23	
7	Fri	1:08	9.9	1:43	8.9	7:43	0.4	7:50	1.2	5:12	8:23	
8	Sat	1:42	9.8	2:17	8.9	8:22	0.4	8:32	1.1	5:13	8:22	
9	Sun	2:19	9.7	2:52	9.0	9:02	0.5	9:16	1.1	5:13	8:22	
10	Mon	2:58	9.6	3:29	9.1	9:43	0.6	10:01	1.2	5:14	8:22	
11	Tue	3:40	9.4	4:10	9.2	10:26	0.7	10:48	1.2	5:15	8:21	
12	Wed	4:26	9.2	4:55	9.4	11:10	0.8	11:38	1.2	5:16	8:21	
13	Thu	5:15	9.0	5:44	9.5	11:59	0.9			5:16	8:20	
14	Fri	6:10	8.8	6:38	9.7	12:32	1.2	12:51	1.0	5:17	8:20	
15	Sat	7:11	8.7	7:36	10.0	1:30	1.0	1:47	1.0	5:18	8:19	
16	Sun	8:15	8.8	8:37	10.3	2:29	0.7	2:44	0.8	5:19	8:18	
17	Mon	9:19	9.0	9:37	10.7	3:29	0.2	3:42	0.6	5:20	8:18	
18	Tue	10:22	9.4	10:37	11.2	4:28	-0.3	4:41	0.2	5:21	8:17	
19	Wed	11:21	9.8	11:35	11.5	5:26	-0.8	5:38	-0.2	5:22	8:16	
20	Thu			12:16	10.2	6:21	-1.2	6:33	-0.5	5:22	8:15	
21	Fri	12:30	11.7	1:09	10.5	7:13	-1.5	7:27	-0.7	5:23	8:15	
22	Sat	1:24	11.7	2:02	10.7	8:04	-1.5	8:20	-0.8	5:24	8:14	
23	Sun	2:17	11.5	2:54	10.7	8:54	-1.4	9:13	-0.6	5:25	8:13	
24	Mon	3:11	11.1	3:47	10.6	9:43	-1.1	10:06	-0.3	5:26	8:12	
25	Tue	4:06	10.5	4:40	10.4	10:32	-0.6	10:59	0.1	5:27	8:11	
26	Wed	5:01	9.9	5:33	10.1	11:22	0.0	11:54	0.5	5:28	8:10	
27	Thu	5:58	9.3	6:28	9.8			12:13	0.5	5:29	8:09	
28	Fri	6:57	8.8	7:25	9.6	12:51	0.9	1:05	1.0	5:30	8:08	
29	Sat	7:57	8.5	8:20	9.5	1:50	1.1	1:58	1.4	5:31	8:07	
30	Sun	8:54	8.4	9:13	9.4	2:48	1.2	2:50	1.6	5:32	8:06	
31	Mon	9:48	8.4	10:03	9.5	3:43	1.1	3:41	1.6	5:33	8:05	