

Essex, MA - Nov 1978

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	11:15	10.7	11:46	9.7	5:25	0.2	5:58	-0.5	6:16	4:36	
2	Thu	11:56	11.0			6:11	0.1	6:45	-0.7	6:18	4:35	
3	Fri	12:30	9.8	12:39	11.1	6:57	0.1	7:33	-0.8	6:19	4:34	
4	Sat	1:17	9.8	1:26	11.1	7:45	0.2	8:23	-0.8	6:20	4:32	
5	Sun	2:08	9.7	2:18	10.9	8:36	0.3	9:14	-0.6	6:21	4:31	
6	Mon	3:03	9.5	3:13	10.6	9:30	0.5	10:09	-0.4	6:23	4:30	
7	Tue	4:02	9.4	4:14	10.2	10:27	0.7	11:06	-0.2	6:24	4:29	
8	Wed	5:06	9.4	5:21	9.9	11:28	0.8			6:25	4:28	
9	Thu	6:13	9.5	6:32	9.7	12:06	0.0	12:31	0.7	6:26	4:27	
10	Fri	7:17	9.8	7:40	9.7	1:06	0.1	1:35	0.5	6:28	4:25	
11	Sat	8:16	10.1	8:41	9.7	2:04	0.1	2:37	0.2	6:29	4:24	
12	Sun	9:10	10.5	9:37	9.8	3:00	0.0	3:36	-0.1	6:30	4:23	
13	Mon	10:00	10.7	10:28	9.8	3:51	0.0	4:30	-0.3	6:31	4:22	
14	Tue	10:45	10.8	11:15	9.7	4:39	0.1	5:17	-0.5	6:33	4:21	
15	Wed	11:27	10.8	11:59	9.5	5:23	0.2	6:01	-0.4	6:34	4:21	
16	Thu			12:07	10.7	6:05	0.4	6:42	-0.3	6:35	4:20	
17	Fri	12:40	9.3	12:44	10.4	6:45	0.7	7:22	-0.1	6:36	4:19	
18	Sat	1:21	9.1	1:22	10.1	7:26	1.0	8:02	0.2	6:38	4:18	
19	Sun	2:01	8.8	2:01	9.8	8:08	1.2	8:44	0.5	6:39	4:17	
20	Mon	2:43	8.6	2:42	9.4	8:52	1.5	9:27	0.7	6:40	4:16	
21	Tue	3:26	8.4	3:27	9.1	9:38	1.7	10:12	1.0	6:41	4:16	
22	Wed	4:12	8.3	4:16	8.8	10:28	1.9	11:00	1.2	6:43	4:15	
23	Thu	5:01	8.3	5:10	8.5	11:21	1.9	11:51	1.3	6:44	4:14	
24	Fri	5:54	8.4	6:08	8.3			12:17	1.9	6:45	4:14	
25	Sat	6:49	8.6	7:08	8.3	12:43	1.3	1:14	1.6	6:46	4:13	
26	Sun	7:41	9.0	8:06	8.4	1:36	1.2	2:10	1.2	6:47	4:13	
27	Mon	8:31	9.5	9:00	8.7	2:28	1.0	3:04	0.8	6:48	4:12	
28	Tue	9:18	10.0	9:52	9.0	3:19	0.7	3:57	0.2	6:50	4:12	
29	Wed	10:05	10.5	10:40	9.3	4:09	0.4	4:48	-0.3	6:51	4:11	
30	Thu	10:50	11.0	11:28	9.6	4:59	0.2	5:38	-0.8	6:52	4:11	