

Essex, MA - Jul 1979

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	4:30	9.0	5:03	8.8	11:08	1.0	11:30	1.5	5:08	8:24	
2	Mon	5:17	8.8	5:49	8.9	11:54	1.2			5:09	8:24	
3	Tue	6:08	8.5	6:38	9.0	12:22	1.6	12:43	1.4	5:09	8:24	
4	Wed	7:04	8.3	7:30	9.2	1:16	1.5	1:35	1.4	5:10	8:24	
5	Thu	8:02	8.3	8:23	9.5	2:12	1.3	2:28	1.4	5:11	8:24	
6	Fri	9:01	8.4	9:17	9.8	3:08	1.0	3:21	1.2	5:11	8:23	
7	Sat	9:58	8.7	10:10	10.3	4:04	0.6	4:16	1.0	5:12	8:23	
8	Sun	10:53	9.1	11:02	10.7	4:59	0.1	5:10	0.7	5:13	8:23	
9	Mon	11:45	9.5	11:53	11.1	5:52	-0.4	6:03	0.3	5:13	8:22	
10	Tue			12:35	9.8	6:43	-0.9	6:55	0.0	5:14	8:22	
11	Wed	12:44	11.4	1:26	10.2	7:33	-1.2	7:47	-0.3	5:15	8:21	
12	Thu	1:35	11.5	2:16	10.4	8:24	-1.3	8:39	-0.4	5:15	8:21	
13	Fri	2:28	11.4	3:09	10.5	9:14	-1.3	9:33	-0.4	5:16	8:20	
14	Sat	3:23	11.1	4:03	10.5	10:04	-1.1	10:27	-0.3	5:17	8:20	
15	Sun	4:20	10.7	4:58	10.5	10:56	-0.8	11:23	-0.1	5:18	8:19	
16	Mon	5:20	10.2	5:56	10.4	11:48	-0.4			5:19	8:18	
17	Tue	6:22	9.7	6:55	10.2	12:21	0.2	12:43	0.1	5:20	8:18	
18	Wed	7:26	9.3	7:55	10.2	1:23	0.4	1:39	0.5	5:20	8:17	
19	Thu	8:28	9.0	8:53	10.1	2:25	0.5	2:36	0.8	5:21	8:16	
20	Fri	9:27	8.9	9:47	10.1	3:28	0.5	3:31	1.0	5:22	8:16	
21	Sat	10:22	8.9	10:38	10.1	4:26	0.4	4:24	1.1	5:23	8:15	
22	Sun	11:13	8.9	11:25	10.1	5:18	0.4	5:13	1.1	5:24	8:14	
23	Mon	11:58	9.0			6:02	0.3	5:58	1.1	5:25	8:13	
24	Tue	12:07	10.1	12:40	9.0	6:40	0.3	6:40	1.1	5:26	8:12	
25	Wed	12:46	10.0	1:18	9.0	7:17	0.3	7:21	1.0	5:27	8:11	
26	Thu	1:23	9.9	1:54	9.0	7:54	0.4	8:02	1.0	5:28	8:10	
27	Fri	1:58	9.8	2:28	9.0	8:32	0.5	8:43	1.0	5:29	8:09	
28	Sat	2:34	9.6	3:02	9.0	9:11	0.6	9:26	1.1	5:30	8:08	
29	Sun	3:13	9.4	3:39	9.1	9:51	0.8	10:11	1.2	5:31	8:07	
30	Mon	3:54	9.1	4:19	9.1	10:33	1.0	10:57	1.3	5:32	8:06	
31	Tue	4:39	8.8	5:03	9.2	11:17	1.2	11:48	1.4	5:33	8:05	