

Essex, MA - Aug 1979

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	5:28	8.5	5:52	9.2			12:06	1.3	5:34	8:04	
2	Thu	6:23	8.3	6:46	9.3	12:42	1.4	12:58	1.4	5:35	8:03	
3	Fri	7:23	8.3	7:44	9.6	1:40	1.3	1:54	1.4	5:36	8:01	
4	Sat	8:26	8.4	8:44	9.9	2:38	1.0	2:51	1.2	5:37	8:00	
5	Sun	9:28	8.7	9:43	10.3	3:36	0.5	3:49	0.9	5:38	7:59	
6	Mon	10:27	9.2	10:40	10.8	4:33	0.0	4:46	0.4	5:39	7:58	
7	Tue	11:23	9.8	11:36	11.3	5:28	-0.6	5:41	-0.1	5:40	7:56	
8	Wed			12:15	10.3	6:21	-1.1	6:35	-0.5	5:41	7:55	
9	Thu	12:29	11.5	1:05	10.7	7:11	-1.4	7:28	-0.9	5:42	7:54	
10	Fri	1:21	11.6	1:56	10.9	8:01	-1.5	8:20	-1.0	5:43	7:53	
11	Sat	2:13	11.5	2:47	11.0	8:51	-1.4	9:13	-0.9	5:44	7:51	
12	Sun	3:07	11.1	3:39	10.9	9:40	-1.1	10:07	-0.6	5:46	7:50	
13	Mon	4:03	10.5	4:34	10.7	10:31	-0.7	11:02	-0.3	5:47	7:48	
14	Tue	5:01	9.9	5:30	10.4	11:22	-0.1	11:59	0.2	5:48	7:47	
15	Wed	6:02	9.4	6:29	10.0			12:16	0.4	5:49	7:45	
16	Thu	7:05	8.9	7:30	9.8	1:00	0.5	1:13	0.9	5:50	7:44	
17	Fri	8:08	8.7	8:30	9.7	2:03	0.8	2:10	1.2	5:51	7:42	
18	Sat	9:06	8.6	9:26	9.6	3:06	0.8	3:06	1.4	5:52	7:41	
19	Sun	10:01	8.7	10:17	9.7	4:04	0.8	4:00	1.4	5:53	7:39	
20	Mon	10:50	8.8	11:03	9.8	4:53	0.7	4:48	1.3	5:54	7:38	
21	Tue	11:34	9.0	11:46	9.8	5:34	0.6	5:33	1.1	5:55	7:36	
22	Wed			12:14	9.1	6:11	0.5	6:14	0.9	5:56	7:35	
23	Thu	12:24	9.9	12:49	9.2	6:47	0.5	6:55	0.8	5:57	7:33	
24	Fri	12:59	9.8	1:22	9.3	7:23	0.4	7:35	0.7	5:58	7:32	
25	Sat	1:32	9.7	1:53	9.3	8:00	0.5	8:16	0.7	6:00	7:30	
26	Sun	2:06	9.6	2:25	9.4	8:39	0.6	8:58	0.7	6:01	7:28	
27	Mon	2:43	9.4	3:01	9.4	9:18	0.8	9:42	0.8	6:02	7:27	
28	Tue	3:23	9.1	3:40	9.5	10:00	1.0	10:28	1.0	6:03	7:25	
29	Wed	4:07	8.8	4:25	9.5	10:44	1.2	11:18	1.1	6:04	7:23	
30	Thu	4:56	8.6	5:14	9.5	11:33	1.4			6:05	7:22	
31	Fri	5:51	8.4	6:10	9.5	12:12	1.2	12:27	1.5	6:06	7:20	