

Essex, MA - Nov 1979

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	8:24	10.2	8:49	10.2	2:19	-0.1	2:49	-0.1	6:16	4:36	
2	Fri	9:20	10.8	9:48	10.4	3:15	-0.4	3:47	-0.6	6:17	4:35	
3	Sat	10:13	11.3	10:42	10.5	4:09	-0.6	4:43	-1.0	6:18	4:34	
4	Sun	11:02	11.5	11:33	10.5	5:00	-0.7	5:35	-1.2	6:20	4:33	
5	Mon	11:49	11.6			5:48	-0.6	6:25	-1.2	6:21	4:31	
6	Tue	12:22	10.3	12:34	11.4	6:35	-0.3	7:13	-1.0	6:22	4:30	
7	Wed	1:10	9.9	1:20	11.0	7:21	0.0	8:00	-0.6	6:24	4:29	
8	Thu	1:58	9.6	2:06	10.5	8:07	0.5	8:46	-0.2	6:25	4:28	
9	Fri	2:47	9.1	2:53	9.9	8:54	1.0	9:32	0.3	6:26	4:27	
10	Sat	3:38	8.8	3:42	9.4	9:42	1.4	10:19	0.8	6:27	4:26	
11	Sun	4:30	8.5	4:35	8.9	10:32	1.8	11:09	1.2	6:29	4:25	
12	Mon	5:25	8.3	5:33	8.6	11:25	2.0			6:30	4:24	
13	Tue	6:21	8.3	6:34	8.4	12:00	1.4	12:20	2.0	6:31	4:23	
14	Wed	7:15	8.5	7:32	8.4	12:52	1.5	1:16	1.9	6:32	4:22	
15	Thu	8:05	8.8	8:26	8.5	1:42	1.4	2:10	1.6	6:34	4:21	
16	Fri	8:51	9.1	9:15	8.7	2:31	1.3	3:02	1.2	6:35	4:20	
17	Sat	9:33	9.5	10:00	8.8	3:18	1.1	3:51	0.8	6:36	4:19	
18	Sun	10:11	9.8	10:41	9.0	4:04	0.9	4:38	0.4	6:37	4:18	
19	Mon	10:47	10.1	11:20	9.1	4:49	0.8	5:23	0.0	6:39	4:17	
20	Tue	11:23	10.4	11:58	9.2	5:32	0.7	6:07	-0.2	6:40	4:17	
21	Wed			12:01	10.6	6:16	0.6	6:52	-0.4	6:41	4:16	
22	Thu	12:38	9.3	12:41	10.7	7:01	0.6	7:37	-0.5	6:42	4:15	
23	Fri	1:21	9.3	1:26	10.7	7:48	0.6	8:24	-0.5	6:43	4:14	
24	Sat	2:08	9.3	2:15	10.6	8:37	0.7	9:14	-0.4	6:45	4:14	
25	Sun	2:59	9.3	3:08	10.4	9:29	0.7	10:05	-0.3	6:46	4:13	
26	Mon	3:54	9.3	4:06	10.1	10:24	0.8	11:00	-0.1	6:47	4:13	
27	Tue	4:54	9.4	5:09	9.8	11:24	0.8	11:58	0.0	6:48	4:12	
28	Wed	5:58	9.6	6:18	9.6			12:26	0.6	6:49	4:12	
29	Thu	7:02	9.9	7:27	9.5	12:56	0.0	1:30	0.4	6:50	4:11	
30	Fri	8:04	10.3	8:32	9.6	1:54	0.0	2:32	0.0	6:51	4:11	