

Essex, MA - Jan 1980

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Tue	10:28	10.6	11:02	9.1	4:17	0.4	5:10	-0.4	7:13	4:19	
2	Wed	11:14	10.6	11:48	9.1	5:06	0.4	5:55	-0.5	7:13	4:20	
3	Thu	11:57	10.5			5:51	0.5	6:35	-0.4	7:13	4:21	
4	Fri	12:31	9.0	12:37	10.3	6:33	0.6	7:13	-0.3	7:13	4:22	
5	Sat	1:12	8.9	1:15	10.1	7:15	0.7	7:51	-0.1	7:13	4:23	
6	Sun	1:51	8.8	1:53	9.8	7:56	0.9	8:30	0.2	7:13	4:24	
7	Mon	2:29	8.7	2:32	9.4	8:39	1.0	9:09	0.4	7:13	4:25	
8	Tue	3:08	8.6	3:14	9.1	9:23	1.2	9:51	0.7	7:12	4:26	
9	Wed	3:48	8.6	3:59	8.7	10:10	1.4	10:35	1.0	7:12	4:27	
10	Thu	4:32	8.5	4:48	8.3	11:00	1.6	11:23	1.2	7:12	4:28	
11	Fri	5:21	8.5	5:43	7.9	11:55	1.7			7:12	4:29	
12	Sat	6:13	8.6	6:43	7.8	12:14	1.4	12:52	1.6	7:11	4:30	
13	Sun	7:09	8.8	7:45	7.8	1:08	1.4	1:50	1.3	7:11	4:31	
14	Mon	8:04	9.2	8:45	8.0	2:02	1.3	2:47	0.9	7:11	4:32	
15	Tue	8:58	9.6	9:40	8.3	2:57	1.1	3:43	0.4	7:10	4:34	
16	Wed	9:49	10.1	10:31	8.8	3:50	0.8	4:35	-0.2	7:10	4:35	
17	Thu	10:38	10.6	11:18	9.2	4:43	0.3	5:25	-0.7	7:09	4:36	
18	Fri	11:25	11.0			5:33	-0.1	6:13	-1.2	7:09	4:37	
19	Sat	12:05	9.7	12:13	11.3	6:23	-0.4	7:01	-1.5	7:08	4:38	
20	Sun	12:51	10.0	1:02	11.4	7:13	-0.6	7:49	-1.6	7:07	4:40	
21	Mon	1:40	10.2	1:52	11.2	8:04	-0.7	8:37	-1.5	7:07	4:41	
22	Tue	2:30	10.3	2:45	10.9	8:56	-0.6	9:26	-1.3	7:06	4:42	
23	Wed	3:22	10.3	3:40	10.3	9:50	-0.4	10:17	-0.9	7:05	4:43	
24	Thu	4:17	10.2	4:39	9.7	10:47	-0.1	11:11	-0.4	7:05	4:45	
25	Fri	5:16	10.0	5:44	9.1	11:47	0.3			7:04	4:46	
26	Sat	6:19	9.9	6:52	8.7	12:07	0.1	12:52	0.5	7:03	4:47	
27	Sun	7:23	9.8	7:58	8.5	1:06	0.5	1:59	0.5	7:02	4:48	
28	Mon	8:24	9.8	8:59	8.5	2:05	0.7	3:05	0.4	7:01	4:50	
29	Tue	9:21	9.9	9:55	8.6	3:03	0.8	4:05	0.2	7:00	4:51	
30	Wed	10:12	10.0	10:44	8.7	3:57	0.8	4:55	0.1	6:59	4:52	
31	Thu	10:58	10.1	11:28	8.8	4:46	0.7	5:36	0.0	6:58	4:54	