

Essex, MA - Aug 1980

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	3:16	10.8	3:51	10.5	9:59	-0.8	10:24	-0.3	5:35	8:03	
2	Sat	4:11	10.5	4:44	10.5	10:49	-0.6	11:19	-0.1	5:36	8:02	
3	Sun	5:10	10.0	5:41	10.4	11:42	-0.2			5:37	8:01	
4	Mon	6:13	9.5	6:43	10.3	12:18	0.1	12:38	0.2	5:38	7:59	
5	Tue	7:20	9.1	7:47	10.3	1:20	0.2	1:36	0.5	5:39	7:58	
6	Wed	8:27	9.0	8:49	10.3	2:24	0.3	2:35	0.7	5:40	7:57	
7	Thu	9:29	8.9	9:48	10.3	3:28	0.2	3:34	0.8	5:41	7:56	
8	Fri	10:26	9.0	10:43	10.4	4:29	0.1	4:30	0.8	5:42	7:54	
9	Sat	11:18	9.2	11:32	10.4	5:24	0.0	5:23	0.7	5:43	7:53	
10	Sun			12:05	9.3	6:10	0.0	6:10	0.7	5:44	7:51	
11	Mon	12:17	10.4	12:48	9.4	6:51	0.0	6:53	0.7	5:45	7:50	
12	Tue	12:58	10.2	1:27	9.4	7:28	0.1	7:34	0.7	5:46	7:49	
13	Wed	1:36	10.0	2:03	9.3	8:04	0.3	8:15	0.8	5:47	7:47	
14	Thu	2:14	9.8	2:38	9.2	8:41	0.5	8:56	0.9	5:49	7:46	
15	Fri	2:51	9.5	3:14	9.2	9:20	0.7	9:38	1.0	5:50	7:44	
16	Sat	3:30	9.2	3:51	9.1	10:00	1.0	10:23	1.2	5:51	7:43	
17	Sun	4:12	8.8	4:32	9.0	10:42	1.3	11:10	1.4	5:52	7:41	
18	Mon	4:58	8.4	5:16	9.0	11:27	1.5			5:53	7:40	
19	Tue	5:49	8.1	6:07	8.9	12:01	1.5	12:17	1.7	5:54	7:38	
20	Wed	6:46	7.9	7:02	9.0	12:57	1.6	1:11	1.8	5:55	7:37	
21	Thu	7:48	7.9	8:01	9.1	1:54	1.5	2:07	1.8	5:56	7:35	
22	Fri	8:49	8.2	9:00	9.5	2:51	1.2	3:04	1.5	5:57	7:34	
23	Sat	9:46	8.6	9:56	9.9	3:47	0.8	3:59	1.1	5:58	7:32	
24	Sun	10:39	9.1	10:49	10.4	4:41	0.2	4:54	0.6	5:59	7:30	
25	Mon	11:28	9.7	11:40	10.9	5:32	-0.3	5:47	0.1	6:00	7:29	
26	Tue			12:15	10.2	6:22	-0.8	6:38	-0.4	6:01	7:27	
27	Wed	12:29	11.2	1:01	10.7	7:10	-1.1	7:29	-0.8	6:02	7:25	
28	Thu	1:18	11.3	1:48	11.0	7:58	-1.2	8:20	-1.0	6:04	7:24	
29	Fri	2:09	11.2	2:37	11.1	8:46	-1.1	9:11	-0.9	6:05	7:22	
30	Sat	3:01	10.9	3:28	11.0	9:35	-0.9	10:05	-0.7	6:06	7:20	
31	Sun	3:57	10.4	4:22	10.8	10:26	-0.5	11:01	-0.4	6:07	7:19	