

Essex, MA - Mar 1990

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	1:48	10.7	2:16	10.1	8:30	-0.7	8:48	-0.4	6:18	5:32	
2	Fri	2:37	10.7	3:09	9.5	9:22	-0.5	9:38	0.0	6:16	5:33	
3	Sat	3:30	10.5	4:07	9.0	10:18	-0.1	10:32	0.5	6:15	5:34	
4	Sun	4:28	10.1	5:13	8.4	11:20	0.3	11:31	0.9	6:13	5:36	
5	Mon	5:35	9.8	6:24	8.2			12:26	0.6	6:12	5:37	
6	Tue	6:48	9.6	7:35	8.2	12:34	1.1	1:36	0.7	6:10	5:38	
7	Wed	7:58	9.6	8:39	8.4	1:40	1.2	2:44	0.6	6:08	5:39	
8	Thu	9:01	9.7	9:35	8.7	2:45	1.0	3:44	0.4	6:06	5:40	
9	Fri	9:56	9.9	10:24	9.1	3:44	0.7	4:34	0.2	6:05	5:42	
10	Sat	10:44	10.0	11:08	9.3	4:36	0.4	5:16	0.1	6:03	5:43	
11	Sun	11:27	10.0	11:47	9.5	5:21	0.2	5:52	0.1	6:01	5:44	
12	Mon			12:06	9.9	6:02	0.2	6:25	0.3	6:00	5:45	
13	Tue	12:23	9.6	12:43	9.6	6:41	0.2	6:59	0.4	5:58	5:46	
14	Wed	12:56	9.6	1:19	9.3	7:19	0.3	7:34	0.7	5:56	5:47	
15	Thu	1:29	9.5	1:55	9.0	7:59	0.4	8:11	0.9	5:54	5:49	
16	Fri	2:03	9.4	2:33	8.6	8:40	0.7	8:50	1.2	5:53	5:50	
17	Sat	2:40	9.3	3:14	8.2	9:23	1.0	9:33	1.5	5:51	5:51	
18	Sun	3:22	9.1	3:59	7.9	10:10	1.3	10:19	1.8	5:49	5:52	
19	Mon	4:09	8.8	4:51	7.6	11:01	1.6	11:11	2.0	5:48	5:53	
20	Tue	5:02	8.7	5:49	7.5	11:57	1.7			5:46	5:54	
21	Wed	6:03	8.6	6:51	7.6	12:09	2.0	12:56	1.7	5:44	5:56	
22	Thu	7:07	8.7	7:51	8.0	1:08	1.8	1:53	1.5	5:42	5:57	
23	Fri	8:09	9.0	8:46	8.5	2:07	1.5	2:48	1.1	5:40	5:58	
24	Sat	9:05	9.5	9:36	9.1	3:04	0.9	3:40	0.6	5:39	5:59	
25	Sun	9:58	9.9	10:23	9.8	3:58	0.3	4:29	0.1	5:37	6:00	
26	Mon	10:47	10.2	11:08	10.4	4:51	-0.2	5:17	-0.3	5:35	6:01	
27	Tue	11:35	10.4	11:53	10.9	5:41	-0.7	6:04	-0.5	5:33	6:03	
28	Wed			12:23	10.4	6:32	-1.0	6:51	-0.5	5:32	6:04	
29	Thu	12:39	11.1	1:13	10.3	7:23	-1.1	7:39	-0.4	5:30	6:05	
30	Fri	1:28	11.2	2:06	9.9	8:15	-1.0	8:29	-0.1	5:28	6:06	
31	Sat	2:20	11.0	3:02	9.5	9:09	-0.7	9:21	0.3	5:26	6:07	