

Essex, MA - Jul 1990

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	6:59	8.4	7:24	9.1	12:52	1.5	1:06	1.5	5:08	8:24	
2	Mon	7:55	8.1	8:15	9.1	1:47	1.6	1:54	1.8	5:09	8:24	
3	Tue	8:51	7.9	9:04	9.2	2:42	1.6	2:44	2.0	5:10	8:24	
4	Wed	9:45	7.9	9:52	9.3	3:35	1.4	3:34	2.1	5:10	8:24	
5	Thu	10:36	8.0	10:38	9.4	4:27	1.2	4:23	2.0	5:11	8:23	
6	Fri	11:23	8.1	11:21	9.6	5:15	1.0	5:12	1.9	5:11	8:23	
7	Sat			12:06	8.3	6:00	0.7	5:59	1.7	5:12	8:23	
8	Sun	12:01	9.7	12:44	8.5	6:42	0.5	6:44	1.4	5:13	8:22	
9	Mon	12:39	9.9	1:19	8.7	7:23	0.4	7:28	1.2	5:14	8:22	
10	Tue	1:17	10.0	1:54	8.9	8:03	0.2	8:12	1.0	5:14	8:22	
11	Wed	1:56	10.0	2:31	9.2	8:44	0.2	8:57	0.9	5:15	8:21	
12	Thu	2:38	10.0	3:11	9.4	9:26	0.2	9:43	0.8	5:16	8:21	
13	Fri	3:23	9.9	3:55	9.7	10:09	0.2	10:32	0.7	5:17	8:20	
14	Sat	4:12	9.6	4:42	9.9	10:55	0.4	11:25	0.7	5:17	8:19	
15	Sun	5:05	9.3	5:34	10.1	11:44	0.6			5:18	8:19	
16	Mon	6:04	8.9	6:31	10.2	12:22	0.7	12:38	0.8	5:19	8:18	
17	Tue	7:09	8.6	7:33	10.3	1:24	0.6	1:36	1.0	5:20	8:18	
18	Wed	8:18	8.5	8:38	10.5	2:28	0.5	2:36	1.0	5:21	8:17	
19	Thu	9:27	8.6	9:43	10.7	3:32	0.2	3:37	0.9	5:22	8:16	
20	Fri	10:32	8.9	10:45	11.0	4:35	-0.1	4:38	0.7	5:23	8:15	
21	Sat	11:31	9.2	11:43	11.1	5:35	-0.5	5:37	0.4	5:24	8:14	
22	Sun			12:24	9.5	6:29	-0.7	6:32	0.2	5:24	8:14	
23	Mon	12:37	11.1	1:13	9.8	7:18	-0.8	7:24	0.1	5:25	8:13	
24	Tue	1:26	11.0	2:01	9.9	8:04	-0.6	8:13	0.1	5:26	8:12	
25	Wed	2:14	10.6	2:46	9.8	8:47	-0.4	9:00	0.3	5:27	8:11	
26	Thu	3:01	10.2	3:31	9.7	9:29	0.0	9:47	0.6	5:28	8:10	
27	Fri	3:47	9.6	4:15	9.5	10:10	0.4	10:33	0.9	5:29	8:09	
28	Sat	4:33	9.1	4:59	9.3	10:51	0.9	11:21	1.3	5:30	8:08	
29	Sun	5:22	8.5	5:44	9.1	11:34	1.4			5:31	8:07	
30	Mon	6:15	8.0	6:34	8.9	12:11	1.6	12:21	1.8	5:32	8:06	
31	Tue	7:13	7.7	7:27	8.8	1:05	1.7	1:12	2.1	5:33	8:05	