US HARBORS www.USHarbors.com

Essex, MA - Jul 2000

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	11:44	9.7	11:55	11.5	5:50	-0.8	6:00	0.1	5:09	8:24	
2	Sun			12:39	10.0	6:45	-1.2	6:55	-0.2	5:09	8:24	
3	Mon	12:49	11.7	1:33	10.1	7:38	-1.4	7:49	-0.3	5:10	8:24	
4	Tue	1:44	11.6	2:28	10.2	8:31	-1.4	8:43	-0.3	5:11	8:24	
5	Wed	2:39	11.4	3:22	10.2	9:22	-1.3	9:37	-0.2	5:11	8:23	
6	Thu	3:36	11.0	4:17	10.2	10:13	-0.9	10:31	0.1	5:12	8:23	
7	Fri	4:33	10.5	5:12	10.0	11:04	-0.5	11:26	0.4	5:13	8:23	
8	Sat	5:30	9.9	6:07	9.9	11:55	0.0			5:13	8:22	
9	Sun	6:29	9.4	7:02	9.7	12:23	0.7	12:47	0.5	5:14	8:22	
10	Mon	7:28	9.0	7:57	9.6	1:22	0.9	1:39	0.9	5:15	8:21	
11	Tue	8:26	8.7	8:49	9.6	2:21	1.1	2:31	1.2	5:15	8:21	
12	Wed	9:21	8.5	9:39	9.6	3:19	1.1	3:21	1.4	5:16	8:20	
13	Thu	10:14	8.5	10:26	9.6	4:12	1.0	4:09	1.6	5:17	8:20	
14	Fri	11:03	8.5	11:10	9.7	5:00	0.8	4:55	1.6	5:18	8:19	
15	Sat	11:47	8.6	11:50	9.8	5:43	0.7	5:40	1.5	5:19	8:19	
16	Sun			12:28	8.6	6:23	0.5	6:23	1.4	5:20	8:18	
17	Mon	12:28	9.8	1:06	8.7	7:02	0.4	7:05	1.3	5:20	8:17	
18	Tue	1:03	9.8	1:40	8.8	7:41	0.4	7:47	1.2	5:21	8:16	
19	Wed	1:38	9.8	2:14	8.8	8:21	0.4	8:30	1.1	5:22	8:16	
20	Thu	2:15	9.8	2:48	8.9	9:01	0.4	9:13	1.1	5:23	8:15	
21	Fri	2:55	9.7	3:26	9.1	9:42	0.5	9:58	1.1	5:24	8:14	
22	Sat	3:37	9.5	4:07	9.2	10:24	0.6	10:46	1.1	5:25	8:13	
23	Sun	4:24	9.3	4:53	9.4	11:09	0.8	11:37	1.1	5:26	8:12	
24	Mon	5:15	9.1	5:43	9.6	11:57	0.9			5:27	8:11	
25	Tue	6:11	8.9	6:38	9.8	12:32	1.1	12:50	1.0	5:28	8:10	
26	Wed	7:13	8.7	7:38	10.0	1:31	0.9	1:47	1.0	5:29	8:09	
27	Thu	8:19	8.8	8:40	10.4	2:32	0.6	2:46	0.9	5:30	8:08	
28	Fri	9:25	9.0	9:42	10.8	3:33	0.2	3:45	0.6	5:31	8:07	
29	Sat	10:29	9.3	10:43	11.2	4:34	-0.3	4:44	0.3	5:32	8:06	
30	Sun	11:28	9.7	11:41	11.5	5:32	-0.8	5:42	-0.1	5:33	8:05	
31	Mon			12:23	10.1	6:27	-1.2	6:37	-0.4	5:34	8:04	