US HARBORS www.USHarbors.com

Essex, MA - Aug 2000

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Tue	12:36	11.6	1:15	10.4	7:19	-1.4	7:31	-0.6	5:35	8:03	
2	Wed	1:30	11.6	2:07	10.5	8:09	-1.4	8:23	-0.6	5:36	8:02	
3	Thu	2:22	11.3	2:58	10.4	8:58	-1.1	9:15	-0.4	5:37	8:00	
4	Fri	3:15	10.8	3:48	10.3	9:46	-0.7	10:07	-0.1	5:38	7:59	
5	Sat	4:08	10.2	4:39	10.1	10:33	-0.2	10:59	0.4	5:39	7:58	
6	Sun	5:01	9.6	5:31	9.8	11:21	0.3	11:52	0.8	5:40	7:57	
7	Mon	5:57	9.0	6:24	9.5			12:10	0.9	5:41	7:55	
8	Tue	6:55	8.6	7:19	9.3	12:48	1.1	1:00	1.4	5:42	7:54	
9	Wed	7:54	8.3	8:14	9.2	1:46	1.3	1:53	1.7	5:43	7:53	
10	Thu	8:52	8.2	9:07	9.2	2:43	1.4	2:45	1.8	5:44	7:51	
11	Fri	9:46	8.2	9:57	9.3	3:38	1.3	3:36	1.8	5:46	7:50	
12	Sat	10:36	8.4	10:44	9.5	4:28	1.1	4:25	1.7	5:47	7:48	
13	Sun	11:21	8.6	11:27	9.7	5:13	0.8	5:13	1.4	5:48	7:47	
14	Mon			12:01	8.8	5:54	0.6	5:57	1.2	5:49	7:46	
15	Tue	12:05	9.8	12:37	8.9	6:34	0.4	6:40	1.0	5:50	7:44	
16	Wed	12:41	9.9	1:10	9.1	7:13	0.3	7:23	0.8	5:51	7:43	
17	Thu	1:15	9.9	1:42	9.3	7:52	0.3	8:05	0.7	5:52	7:41	
18	Fri	1:51	9.9	2:16	9.4	8:32	0.3	8:49	0.6	5:53	7:40	
19	Sat	2:30	9.8	2:53	9.6	9:12	0.4	9:33	0.6	5:54	7:38	
20	Sun	3:12	9.6	3:35	9.7	9:55	0.5	10:21	0.7	5:55	7:37	
21	Mon	3:59	9.4	4:22	9.8	10:40	0.7	11:12	0.7	5:56	7:35	
22	Tue	4:51	9.1	5:13	9.9	11:30	0.9			5:57	7:33	
23	Wed	5:48	8.8	6:11	9.9	12:08	0.8	12:24	1.1	5:58	7:32	
24	Thu	6:53	8.6	7:14	10.0	1:09	0.7	1:24	1.1	5:59	7:30	
25	Fri	8:03	8.7	8:22	10.3	2:12	0.5	2:26	1.0	6:01	7:29	
26	Sat	9:12	9.0	9:29	10.6	3:15	0.1	3:27	0.7	6:02	7:27	
27	Sun	10:15	9.4	10:32	11.0	4:16	-0.3	4:28	0.2	6:03	7:25	
28	Mon	11:13	9.9	11:30	11.3	5:14	-0.7	5:26	-0.2	6:04	7:24	
29	Tue			12:05	10.3	6:08	-1.0	6:21	-0.6	6:05	7:22	
30	Wed	12:23	11.4	12:54	10.6	6:57	-1.1	7:13	-0.7	6:06	7:20	
31	Thu	1:13	11.3	1:42	10.7	7:45	-1.0	8:03	-0.7	6:07	7:19	