US HARBORS www.USHarbors.com

Essex, MA - Jan 2001

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	3:23	8.4	3:31	9.0	9:49	1.5	10:18	0.9	7:13	4:20	
2	Tue	4:06	8.5	4:20	8.6	10:39	1.6	11:05	1.0	7:13	4:21	
3	Wed	4:55	8.6	5:13	8.3	11:34	1.6	11:57	1.2	7:13	4:22	
4	Thu	5:48	8.8	6:13	8.1			12:33	1.5	7:13	4:23	
5	Fri	6:44	9.1	7:17	8.1	12:51	1.2	1:33	1.2	7:13	4:24	
6	Sat	7:43	9.6	8:22	8.3	1:47	1.1	2:33	0.7	7:13	4:25	
7	Sun	8:41	10.1	9:24	8.6	2:44	0.9	3:32	0.1	7:12	4:26	
8	Mon	9:38	10.6	10:23	9.0	3:40	0.5	4:29	-0.6	7:12	4:27	
9	Tue	10:33	11.1	11:17	9.4	4:36	0.1	5:24	-1.1	7:12	4:28	
10	Wed	11:26	11.5			5:30	-0.2	6:16	-1.6	7:12	4:29	
11	Thu	12:09	9.8	12:18	11.7	6:23	-0.5	7:06	-1.8	7:11	4:30	
12	Fri	1:01	10.0	1:11	11.6	7:15	-0.7	7:56	-1.8	7:11	4:31	
13	Sat	1:53	10.1	2:04	11.3	8:08	-0.7	8:45	-1.6	7:11	4:32	
14	Sun	2:45	10.1	2:58	10.8	9:01	-0.5	9:35	-1.2	7:10	4:33	
15	Mon	3:38	10.0	3:54	10.2	9:55	-0.1	10:25	-0.7	7:10	4:35	
16	Tue	4:33	9.8	4:51	9.5	10:51	0.3	11:17	-0.1	7:09	4:36	
17	Wed	5:30	9.6	5:52	8.9	11:51	0.7			7:09	4:37	
18	Thu	6:28	9.4	6:55	8.4	12:10	0.5	12:54	1.0	7:08	4:38	
19	Fri	7:26	9.4	7:56	8.1	1:05	0.9	1:58	1.1	7:07	4:39	
20	Sat	8:21	9.3	8:54	8.0	1:59	1.2	3:01	1.0	7:07	4:41	
21	Sun	9:13	9.4	9:47	8.1	2:52	1.3	3:57	0.8	7:06	4:42	
22	Mon	10:00	9.5	10:35	8.2	3:42	1.4	4:42	0.6	7:05	4:43	
23	Tue	10:43	9.7	11:18	8.3	4:28	1.3	5:21	0.4	7:05	4:44	
24	Wed	11:22	9.8	11:57	8.4	5:11	1.2	5:56	0.3	7:04	4:46	
25	Thu	11:58	9.8			5:52	1.0	6:32	0.2	7:03	4:47	
26	Fri	12:32	8.5	12:32	9.8	6:32	0.9	7:08	0.2	7:02	4:48	
27	Sat	1:04	8.6	1:06	9.8	7:13	0.8	7:46	0.2	7:01	4:50	
28	Sun	1:36	8.7	1:41	9.6	7:54	0.8	8:24	0.3	7:00	4:51	
29	Mon	2:10	8.8	2:20	9.4	8:37	0.8	9:03	0.4	6:59	4:52	
30	Tue	2:47	8.9	3:02	9.2	9:21	0.9	9:45	0.6	6:58	4:54	
31	Wed	3:29	9.0	3:48	8.8	10:09	1.1	10:30	0.8	6:57	4:55	