US HARBORS www.USHarbors.com

Essex, MA - Mar 2004

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	**6:37**	8.4	**7:29**	7.2	**12:27**	2.2	**1:19**	1.9	6:17	5:33	
2	Tue	**7:40**	8.5	**8:29**	7.4	**1:24**	2.2	**2:18**	1.7	6:15	5:34	
3	Wed	**8:39**	8.7	**9:21**	7.7	**2:21**	2.0	**3:13**	1.4	6:14	5:35	
4	Thu	**9:32**	9.1	**10:07**	8.2	**3:16**	1.6	**4:03**	0.9	6:12	5:36	
5	Fri	**10:18**	9.5	**10:48**	8.7	**4:08**	1.1	**4:49**	0.5	6:11	5:37	
6	Sat	**10:59**	9.8	**11:25**	9.1	**4:56**	0.6	**5:31**	0.1	6:09	5:39	
7	Sun	**11:39**	10.1			**5:43**	0.2	**6:13**	-0.2	6:07	5:40	
8	Mon	**12:02**	9.6	**12:19**	10.3	**6:28**	-0.1	**6:55**	-0.4	6:05	5:41	
9	Tue	**12:40**	10.0	**1:01**	10.3	**7:14**	-0.4	**7:37**	-0.4	6:04	5:42	
10	Wed	**1:21**	10.3	**1:46**	10.1	**8:01**	-0.4	**8:21**	-0.2	6:02	5:43	
11	Thu	**2:05**	10.4	**2:35**	9.7	**8:50**	-0.3	**9:08**	0.1	6:00	5:45	
12	Fri	**2:54**	10.4	**3:28**	9.2	**9:43**	-0.1	**9:58**	0.5	5:59	5:46	
13	Sat	**3:47**	10.2	**4:28**	8.7	**10:40**	0.2	**10:53**	0.9	5:57	5:47	
14	Sun	**4:46**	10.0	**5:35**	8.3	**11:43**	0.5	**11:55**	1.1	5:55	5:48	
15	Mon	**5:55**	9.7	**6:49**	8.2			**12:50**	0.6	5:53	5:49	
16	Tue	**7:09**	9.7	**7:59**	8.3	**1:00**	1.2	**1:59**	0.5	5:52	5:51	
17	Wed	**8:20**	9.8	**9:02**	8.7	**2:05**	1.1	**3:05**	0.3	5:50	5:52	
18	Thu	**9:23**	10.1	**9:57**	9.1	**3:09**	0.7	**4:03**	0.1	5:48	5:53	
19	Fri	**10:18**	10.3	**10:46**	9.5	**4:08**	0.4	**4:53**	-0.1	5:46	5:54	
20	Sat	**11:06**	10.3	**11:30**	9.7	**5:00**	0.1	**5:35**	-0.2	5:45	5:55	
21	Sun	**11:50**	10.3			**5:46**	-0.1	**6:14**	-0.1	5:43	5:56	
22	Mon	**12:10**	9.9	**12:30**	10.1	**6:28**	-0.1	**6:50**	0.1	5:41	5:57	
23	Tue	**12:47**	9.9	**1:09**	9.7	**7:09**	0.0	**7:26**	0.4	5:39	5:59	
24	Wed	**1:23**	9.8	**1:48**	9.3	**7:49**	0.2	**8:03**	0.7	5:38	6:00	
25	Thu	**1:58**	9.6	**2:27**	8.9	**8:30**	0.5	**8:41**	1.1	5:36	6:01	
26	Fri	**2:35**	9.4	**3:08**	8.4	**9:12**	0.8	**9:22**	1.5	5:34	6:02	
27	Sat	**3:15**	9.1	**3:53**	8.0	**9:57**	1.2	**10:06**	1.8	5:32	6:03	
28	Sun	**3:59**	8.8	**4:43**	7.7	**10:47**	1.5	**10:56**	2.1	5:31	6:04	
29	Mon	**4:50**	8.6	**5:40**	7.5	**11:41**	1.8	**11:51**	2.2	5:29	6:06	
30	Tue	**5:49**	8.4	**6:42**	7.5			**12:38**	1.8	5:27	6:07	
31	Wed	**6:53**	8.5	**7:41**	7.7	**12:49**	2.2	**1:35**	1.7	5:25	6:08	