US HARBORS www.USHarbors.com

Essex, MA - Jul 2004

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	11:07	9.1	11:17	11.3	5:13	-0.4	5:19	0.6	5:09	8:24	
2	Fri			12:06	9.4	6:11	-0.8	6:16	0.4	5:09	8:24	
3	Sat	12:14	11.5	1:01	9.6	7:06	-1.1	7:12	0.2	5:10	8:24	
4	Sun	1:10	11.5	1:55	9.8	7:59	-1.1	8:06	0.1	5:11	8:24	
5	Mon	2:05	11.3	2:49	9.8	8:50	-1.0	9:00	0.1	5:11	8:23	
6	Tue	3:00	11.0	3:42	9.8	9:40	-0.8	9:53	0.2	5:12	8:23	
7	Wed	3:55	10.5	4:35	9.8	10:29	-0.4	10:46	0.5	5:13	8:23	
8	Thu	4:50	10.0	5:26	9.6	11:17	0.1	11:40	0.8	5:13	8:22	
9	Fri	5:44	9.4	6:19	9.5			12:05	0.6	5:14	8:22	
10	Sat	6:41	8.9	7:11	9.4	12:35	1.1	12:54	1.1	5:15	8:21	
11	Sun	7:38	8.5	8:03	9.3	1:32	1.3	1:44	1.5	5:16	8:21	
12	Mon	8:34	8.2	8:53	9.3	2:30	1.4	2:33	1.8	5:16	8:20	
13	Tue	9:29	8.1	9:42	9.3	3:25	1.4	3:22	1.9	5:17	8:20	
14	Wed	10:22	8.1	10:28	9.4	4:18	1.2	4:11	2.0	5:18	8:19	
15	Thu	11:10	8.1	11:12	9.5	5:06	1.0	4:58	1.9	5:19	8:18	
16	Fri	11:54	8.3	11:53	9.6	5:49	0.8	5:44	1.8	5:20	8:18	
17	Sat			12:34	8.4	6:30	0.6	6:28	1.6	5:20	8:17	
18	Sun	12:31	9.7	1:11	8.5	7:10	0.5	7:11	1.4	5:21	8:16	
19	Mon	1:07	9.8	1:45	8.6	7:49	0.5	7:54	1.3	5:22	8:16	
20	Tue	1:43	9.8	2:18	8.8	8:29	0.4	8:37	1.2	5:23	8:15	
21	Wed	2:22	9.8	2:54	9.0	9:08	0.4	9:21	1.1	5:24	8:14	
22	Thu	3:03	9.7	3:33	9.2	9:49	0.5	10:07	1.0	5:25	8:13	
23	Fri	3:47	9.5	4:16	9.4	10:32	0.6	10:56	1.0	5:26	8:12	
24	Sat	4:36	9.3	5:04	9.6	11:17	0.8	11:49	1.0	5:27	8:11	
25	Sun	5:29	9.0	5:56	9.8			12:07	1.0	5:28	8:10	
26	Mon	6:29	8.6	6:54	10.0	12:47	1.0	1:02	1.1	5:29	8:09	
27	Tue	7:34	8.5	7:56	10.2	1:49	0.8	2:00	1.2	5:30	8:08	
28	Wed	8:44	8.5	9:00	10.5	2:53	0.5	3:01	1.1	5:31	8:07	
29	Thu	9:51	8.7	10:04	10.8	3:56	0.1	4:02	0.9	5:32	8:06	
30	Fri	10:55	9.0	11:06	11.1	4:58	-0.3	5:03	0.6	5:33	8:05	
31	Sat	11:52	9.4			5:56	-0.7	6:01	0.2	5:34	8:04	