US HARBORS www.USHarbors.com

Essex, MA - Jan 2008

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Tue	5:35	8.8	5:55	8.0	11:51	1.7			7:13	4:19	
2	Wed	6:26	8.7	6:54	7.6	12:06	1.4	12:48	1.8	7:13	4:20	
3	Thu	7:19	8.7	7:54	7.5	12:56	1.7	1:46	1.7	7:13	4:21	
4	Fri	8:10	8.9	8:50	7.5	1:47	1.9	2:42	1.5	7:13	4:22	
5	Sat	9:00	9.1	9:43	7.6	2:38	1.9	3:36	1.2	7:13	4:23	
6	Sun	9:47	9.3	10:30	7.8	3:29	1.8	4:24	0.8	7:13	4:24	
7	Mon	10:29	9.6	11:11	8.1	4:18	1.5	5:08	0.5	7:12	4:25	
8	Tue	11:08	9.8	11:49	8.3	5:04	1.3	5:50	0.2	7:12	4:26	
9	Wed	11:45	10.0			5:49	1.0	6:30	-0.1	7:12	4:27	
10	Thu	12:23	8.6	12:23	10.2	6:33	0.8	7:10	-0.2	7:12	4:28	
11	Fri	12:58	8.8	1:02	10.2	7:16	0.6	7:51	-0.3	7:12	4:29	
12	Sat	1:36	9.1	1:44	10.2	8:01	0.5	8:32	-0.3	7:11	4:30	
13	Sun	2:17	9.4	2:29	10.0	8:48	0.4	9:16	-0.2	7:11	4:31	
14	Mon	3:01	9.6	3:18	9.6	9:37	0.5	10:02	0.1	7:10	4:33	
15	Tue	3:50	9.7	4:12	9.2	10:32	0.6	10:52	0.4	7:10	4:34	
16	Wed	4:43	9.8	5:12	8.6	11:31	0.7	11:47	0.7	7:10	4:35	
17	Thu	5:43	9.8	6:21	8.2			12:36	0.7	7:09	4:36	
18	Fri	6:49	9.9	7:34	8.1	12:47	0.9	1:43	0.5	7:08	4:37	
19	Sat	7:57	10.1	8:46	8.2	1:50	0.9	2:51	0.2	7:08	4:39	
20	Sun	9:04	10.4	9:51	8.5	2:53	0.8	3:56	-0.2	7:07	4:40	
21	Mon	10:06	10.7	10:48	8.9	3:54	0.5	4:55	-0.6	7:07	4:41	
22	Tue	11:01	10.9	11:39	9.2	4:52	0.2	5:46	-0.9	7:06	4:42	
23	Wed	11:51	11.0			5:45	0.0	6:32	-1.0	7:05	4:44	
24	Thu	12:26	9.5	12:38	10.8	6:33	-0.2	7:14	-0.9	7:04	4:45	
25	Fri	1:10	9.6	1:22	10.5	7:19	-0.1	7:54	-0.6	7:04	4:46	
26	Sat	1:53	9.5	2:05	10.1	8:04	0.1	8:32	-0.3	7:03	4:47	
27	Sun	2:34	9.4	2:47	9.5	8:47	0.5	9:11	0.2	7:02	4:49	
28	Mon	3:14	9.2	3:29	8.9	9:31	0.8	9:50	0.7	7:01	4:50	
29	Tue	3:55	9.0	4:15	8.3	10:18	1.2	10:33	1.1	7:00	4:51	
30	Wed	4:39	8.8	5:05	7.8	11:08	1.6	11:19	1.6	6:59	4:53	
31	Thu	5:28	8.6	6:04	7.4			12:02	1.8	6:58	4:54	