US HARBORS www.USHarbors.com

Essex, MA - Mar 2008

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	5:30	8.5	6:19	7.2			12:19	1.9	6:17	5:33	
2	Sun	6:32	8.4	7:24	7.2	12:27	2.1	1:19	1.8	6:15	5:34	
3	Mon	7:36	8.5	8:23	7.5	1:26	2.0	2:17	1.6	6:14	5:35	
4	Tue	8:36	8.8	9:16	8.0	2:24	1.7	3:12	1.2	6:12	5:36	
5	Wed	9:29	9.3	10:02	8.5	3:19	1.3	4:02	0.8	6:10	5:37	
6	Thu	10:16	9.7	10:44	9.1	4:12	0.7	4:48	0.3	6:09	5:39	
7	Fri	11:00	10.1	11:24	9.7	5:01	0.2	5:32	-0.1	6:07	5:40	
8	Sat	11:42	10.3			5:49	-0.2	6:16	-0.4	6:05	5:41	
9	Sun	12:04	10.1	1:26	10.4	7:36	-0.6	7:59	-0.5	7:04	6:42	
10	Mon	1:45	10.5	2:11	10.3	8:24	-0.7	8:44	-0.5	7:02	6:43	
11	Tue	2:30	10.7	3:00	10.0	9:14	-0.7	9:30	-0.2	7:00	6:45	
12	Wed	3:18	10.7	3:53	9.5	10:06	-0.5	10:20	0.1	6:59	6:46	
13	Thu	4:10	10.5	4:50	9.0	11:01	-0.2	11:13	0.6	6:57	6:47	
14	Fri	5:07	10.2	5:53	8.5			12:01	0.2	6:55	6:48	
15	Sat	6:13	9.8	7:04	8.3	12:12	0.9	1:05	0.5	6:53	6:49	
16	Sun	7:25	9.6	8:15	8.3	1:15	1.2	2:14	0.6	6:52	6:51	
17	Mon	8:38	9.6	9:19	8.5	2:21	1.2	3:21	0.6	6:50	6:52	
18	Tue	9:42	9.7	10:17	8.8	3:26	1.0	4:22	0.4	6:48	6:53	
19	Wed	10:39	9.9	11:07	9.2	4:27	0.7	5:14	0.3	6:46	6:54	
20	Thu	11:29	10.0	11:52	9.5	5:21	0.4	5:58	0.2	6:45	6:55	
21	Fri			12:13	10.0	6:08	0.2	6:36	0.2	6:43	6:56	
22	Sat	12:32	9.7	12:54	9.9	6:51	0.1	7:11	0.3	6:41	6:58	
23	Sun	1:09	9.7	1:32	9.6	7:30	0.1	7:46	0.5	6:39	6:59	
24	Mon	1:43	9.7	2:09	9.3	8:09	0.2	8:22	0.8	6:38	7:00	
25	Tue	2:16	9.6	2:46	9.0	8:48	0.4	8:59	1.0	6:36	7:01	
26	Wed	2:51	9.5	3:24	8.6	9:29	0.6	9:38	1.3	6:34	7:02	
27	Thu	3:28	9.3	4:05	8.2	10:12	0.9	10:20	1.6	6:32	7:03	
28	Fri	4:09	9.1	4:49	7.9	10:57	1.3	11:06	1.9	6:31	7:04	
29	Sat	4:56	8.9	5:39	7.7	11:47	1.5	11:57	2.0	6:29	7:06	
30	Sun	5:48	8.7	6:35	7.6			12:42	1.7	6:27	7:07	
31	Mon	6:48	8.5	7:35	7.7	12:54	2.1	1:39	1.8	6:25	7:08	