US HARBORS www.USHarbors.com

Essex, MA - Jul 2008

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Tue	10:25	8.9	10:37	11.1	4:31	-0.1	4:36	0.8	5:09	8:24	
2	Wed	11:26	9.2	11:37	11.3	5:31	-0.5	5:35	0.5	5:09	8:24	
3	Thu			12:23	9.5	6:28	-0.8	6:32	0.3	5:10	8:24	
4	Fri	12:33	11.4	1:17	9.7	7:21	-1.0	7:27	0.1	5:11	8:24	
5	Sat	1:27	11.3	2:09	9.9	8:12	-1.0	8:20	0.0	5:11	8:23	
6	Sun	2:21	11.0	3:00	9.9	9:00	-0.8	9:11	0.2	5:12	8:23	
7	Mon	3:13	10.6	3:50	9.8	9:47	-0.4	10:02	0.4	5:13	8:23	
8	Tue	4:04	10.1	4:38	9.7	10:32	0.0	10:52	0.7	5:13	8:22	
9	Wed	4:55	9.5	5:27	9.5	11:16	0.5	11:44	1.1	5:14	8:22	
10	Thu	5:47	8.9	6:17	9.3			12:02	1.0	5:15	8:21	
11	Fri	6:42	8.4	7:07	9.2	12:37	1.4	12:49	1.5	5:16	8:21	
12	Sat	7:39	8.1	7:59	9.1	1:32	1.6	1:38	1.8	5:16	8:20	
13	Sun	8:37	7.9	8:50	9.1	2:28	1.6	2:29	2.0	5:17	8:20	
14	Mon	9:32	7.8	9:40	9.2	3:23	1.5	3:20	2.1	5:18	8:19	
15	Tue	10:24	7.9	10:28	9.3	4:16	1.3	4:10	2.1	5:19	8:18	
16	Wed	11:12	8.1	11:12	9.5	5:04	1.1	4:59	1.9	5:20	8:18	
17	Thu	11:55	8.3	11:53	9.7	5:49	0.8	5:46	1.7	5:21	8:17	
18	Fri			12:34	8.5	6:30	0.6	6:31	1.4	5:21	8:16	
19	Sat	12:31	9.8	1:08	8.7	7:11	0.4	7:15	1.2	5:22	8:16	
20	Sun	1:08	9.9	1:42	8.9	7:50	0.3	7:59	1.0	5:23	8:15	
21	Mon	1:45	10.0	2:17	9.2	8:30	0.3	8:42	0.8	5:24	8:14	
22	Tue	2:25	9.9	2:55	9.4	9:10	0.3	9:28	0.8	5:25	8:13	
23	Wed	3:08	9.8	3:37	9.7	9:52	0.3	10:15	0.7	5:26	8:12	
24	Thu	3:55	9.5	4:22	9.9	10:36	0.5	11:07	0.8	5:27	8:11	
25	Fri	4:46	9.2	5:13	10.0	11:24	0.7			5:28	8:10	
26	Sat	5:43	8.8	6:08	10.1	12:03	0.8	12:17	1.0	5:29	8:09	
27	Sun	6:47	8.5	7:10	10.2	1:04	0.8	1:15	1.2	5:30	8:08	
28	Mon	7:57	8.3	8:16	10.3	2:08	0.6	2:16	1.2	5:31	8:07	
29	Tue	9:08	8.5	9:24	10.6	3:13	0.3	3:19	1.1	5:32	8:06	
30	Wed	10:14	8.8	10:28	10.8	4:17	0.0	4:21	0.8	5:33	8:05	
31	Thu	11:14	9.2	11:27	11.1	5:17	-0.4	5:21	0.4	5:34	8:04	