US HARBORS www.USHarbors.com

Essex, MA - Aug 2008

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri			12:08	9.6	6:12	-0.7	6:17	0.1	5:35	8:03	
2	Sat	12:22	11.2	12:57	9.9	7:02	-0.8	7:09	-0.1	5:36	8:02	
3	Sun	1:12	11.1	1:44	10.0	7:48	-0.7	7:59	-0.1	5:37	8:00	
4	Mon	2:00	10.8	2:30	10.1	8:31	-0.5	8:46	0.1	5:38	7:59	
5	Tue	2:46	10.3	3:14	9.9	9:13	-0.1	9:33	0.4	5:39	7:58	
6	Wed	3:32	9.7	3:58	9.7	9:54	0.3	10:19	0.7	5:40	7:57	
7	Thu	4:19	9.1	4:42	9.5	10:36	0.8	11:07	1.1	5:41	7:55	
8	Fri	5:07	8.6	5:28	9.2	11:19	1.3	11:57	1.5	5:42	7:54	
9	Sat	6:00	8.1	6:17	8.9			12:06	1.8	5:43	7:53	
10	Sun	6:59	7.7	7:12	8.8	12:51	1.7	12:56	2.1	5:45	7:51	
11	Mon	8:00	7.5	8:10	8.8	1:48	1.8	1:50	2.3	5:46	7:50	
12	Tue	8:59	7.6	9:06	8.9	2:45	1.7	2:46	2.3	5:47	7:48	
13	Wed	9:53	7.8	9:59	9.1	3:40	1.5	3:40	2.1	5:48	7:47	
14	Thu	10:41	8.1	10:46	9.4	4:31	1.2	4:31	1.7	5:49	7:45	
15	Fri	11:24	8.5	11:28	9.7	5:17	0.9	5:20	1.3	5:50	7:44	
16	Sat			12:02	8.8	6:00	0.6	6:07	1.0	5:51	7:43	
17	Sun	12:07	9.9	12:36	9.2	6:40	0.3	6:51	0.6	5:52	7:41	
18	Mon	12:44	10.1	1:10	9.5	7:20	0.1	7:35	0.4	5:53	7:40	
19	Tue	1:22	10.1	1:46	9.9	8:01	0.0	8:20	0.2	5:54	7:38	
20	Wed	2:03	10.0	2:25	10.1	8:42	0.1	9:06	0.2	5:55	7:36	
21	Thu	2:47	9.8	3:09	10.3	9:25	0.2	9:55	0.2	5:56	7:35	
22	Fri	3:36	9.5	3:56	10.3	10:11	0.5	10:48	0.4	5:57	7:33	
23	Sat	4:29	9.1	4:49	10.3	11:01	0.8	11:45	0.5	5:58	7:32	
24	Sun	5:28	8.6	5:48	10.1	11:56	1.2			6:00	7:30	
25	Mon	6:36	8.3	6:55	10.0	12:48	0.6	12:58	1.4	6:01	7:28	
26	Tue	7:50	8.3	8:07	10.0	1:54	0.6	2:02	1.3	6:02	7:27	
27	Wed	9:01	8.5	9:18	10.2	3:01	0.4	3:07	1.1	6:03	7:25	
28	Thu	10:03	8.9	10:21	10.5	4:04	0.1	4:10	0.7	6:04	7:23	
29	Fri	10:59	9.4	11:17	10.7	5:02	-0.2	5:08	0.3	6:05	7:22	
30	Sat	11:49	9.8			5:53	-0.4	6:02	0.0	6:06	7:20	
31	Sun	12:07	10.8	12:34	10.1	6:38	-0.4	6:50	-0.2	6:07	7:18	