

































Essex, MA - Jan 2009

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	2:03	8.7	2:09	9.5	8:27	1.0	8:57	0.4	7:13	4:20	
2	Fri	2:41	8.8	2:52	9.3	9:12	1.1	9:38	0.6	7:13	4:21	
3	Sat	3:23	9.0	3:39	9.0	10:00	1.1	10:23	0.7	7:13	4:22	
4	Sun	4:10	9.2	4:31	8.6	10:54	1.2	11:12	0.9	7:13	4:23	
5	Mon	5:02	9.3	5:30	8.3	11:53	1.2			7:13	4:24	
6	Tue	6:00	9.5	6:36	8.1	12:08	1.1	12:56	1.0	7:13	4:25	
7	Wed	7:03	9.8	7:47	8.1	1:07	1.1	2:00	0.6	7:12	4:26	
8	Thu	8:08	10.2	8:56	8.3	2:08	1.0	3:04	0.1	7:12	4:27	
9	Fri	9:12	10.7	10:00	8.8	3:09	0.7	4:05	-0.5	7:12	4:28	
10	Sat	10:13	11.1	10:58	9.3	4:09	0.3	5:03	-1.0	7:12	4:29	
11	Sun	11:10	11.5	11:51	9.7	5:06	-0.2	5:56	-1.4	7:11	4:30	
12	Mon			12:03	11.6	6:01	-0.5	6:45	-1.6	7:11	4:31	
13	Tue	12:41	10.0	12:54	11.5	6:53	-0.7	7:33	-1.6	7:11	4:32	
14	Wed	1:31	10.2	1:44	11.1	7:44	-0.7	8:19	-1.3	7:10	4:33	
15	Thu	2:19	10.2	2:34	10.6	8:34	-0.4	9:04	-0.9	7:10	4:35	
16	Fri	3:08	10.0	3:24	9.9	9:25	0.0	9:49	-0.3	7:09	4:36	
17	Sat	3:57	9.8	4:15	9.1	10:16	0.5	10:35	0.3	7:09	4:37	
18	Sun	4:47	9.4	5:09	8.4	11:09	1.0	11:23	0.9	7:08	4:38	
19	Mon	5:40	9.1	6:08	7.9			12:07	1.4	7:07	4:39	
20	Tue	6:36	8.9	7:10	7.5	12:14	1.4	1:08	1.6	7:07	4:41	
21	Wed	7:33	8.8	8:11	7.4	1:07	1.7	2:09	1.6	7:06	4:42	
22	Thu	8:28	8.9	9:07	7.5	2:01	1.9	3:08	1.4	7:05	4:43	
23	Fri	9:20	9.0	9:58	7.7	2:54	1.9	3:59	1.1	7:05	4:45	
24	Sat	10:07	9.3	10:43	7.9	3:45	1.7	4:42	0.8	7:04	4:46	
25	Sun	10:49	9.5	11:22	8.2	4:32	1.4	5:21	0.6	7:03	4:47	
26	Mon	11:26	9.7	11:57	8.4	5:16	1.1	5:58	0.3	7:02	4:48	
27	Tue			12:00	9.8	5:59	0.8	6:35	0.2	7:01	4:50	
28	Wed	12:29	8.7	12:34	9.8	6:40	0.6	7:12	0.1	7:00	4:51	
29	Thu	1:00	8.9	1:09	9.8	7:22	0.5	7:50	0.1	6:59	4:52	
30	Fri	1:34	9.2	1:47	9.7	8:05	0.4	8:29	0.1	6:58	4:54	
31	Sat	2:11	9.4	2:29	9.4	8:49	0.5	9:10	0.3	6:57	4:55	