US HARBORS www.USHarbors.com

Essex, MA - Jan 2009

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	**2:03**	8.7	**2:09**	9.5	**8:27**	1.0	**8:57**	0.4	7:13	4:20	
2	Fri	**2:41**	8.8	**2:52**	9.3	**9:12**	1.1	**9:38**	0.6	7:13	4:21	
3	Sat	**3:23**	9.0	**3:39**	9.0	**10:00**	1.1	**10:23**	0.7	7:13	4:22	
4	Sun	**4:10**	9.2	**4:31**	8.6	**10:54**	1.2	**11:12**	0.9	7:13	4:23	
5	Mon	**5:02**	9.3	**5:30**	8.3	**11:53**	1.2			7:13	4:24	
6	Tue	**6:00**	9.5	**6:36**	8.1	**12:08**	1.1	**12:56**	1.0	7:13	4:25	
7	Wed	**7:03**	9.8	**7:47**	8.1	**1:07**	1.1	**2:00**	0.6	7:12	4:26	
8	Thu	**8:08**	10.2	**8:56**	8.3	**2:08**	1.0	**3:04**	0.1	7:12	4:27	
9	Fri	**9:12**	10.7	**10:00**	8.8	**3:09**	0.7	**4:05**	-0.5	7:12	4:28	
10	Sat	**10:13**	11.1	**10:58**	9.3	**4:09**	0.3	**5:03**	-1.0	7:12	4:29	
11	Sun	**11:10**	11.5	**11:51**	9.7	**5:06**	-0.2	**5:56**	-1.4	7:11	4:30	
12	Mon			**12:03**	11.6	**6:01**	-0.5	**6:45**	-1.6	7:11	4:31	
13	Tue	**12:41**	10.0	**12:54**	11.5	**6:53**	-0.7	**7:33**	-1.6	7:11	4:32	
14	Wed	**1:31**	10.2	**1:44**	11.1	**7:44**	-0.7	**8:19**	-1.3	7:10	4:33	
15	Thu	**2:19**	10.2	**2:34**	10.6	**8:34**	-0.4	**9:04**	-0.9	7:10	4:35	
16	Fri	**3:08**	10.0	**3:24**	9.9	**9:25**	0.0	**9:49**	-0.3	7:09	4:36	
17	Sat	**3:57**	9.8	**4:15**	9.1	**10:16**	0.5	**10:35**	0.3	7:09	4:37	
18	Sun	**4:47**	9.4	**5:09**	8.4	**11:09**	1.0	**11:23**	0.9	7:08	4:38	
19	Mon	**5:40**	9.1	**6:08**	7.9			**12:07**	1.4	7:07	4:39	
20	Tue	**6:36**	8.9	**7:10**	7.5	**12:14**	1.4	**1:08**	1.6	7:07	4:41	
21	Wed	**7:33**	8.8	**8:11**	7.4	**1:07**	1.7	**2:09**	1.6	7:06	4:42	
22	Thu	**8:28**	8.9	**9:07**	7.5	**2:01**	1.9	**3:08**	1.4	7:05	4:43	
23	Fri	**9:20**	9.0	**9:58**	7.7	**2:54**	1.9	**3:59**	1.1	7:05	4:45	
24	Sat	**10:07**	9.3	**10:43**	7.9	**3:45**	1.7	**4:42**	0.8	7:04	4:46	
25	Sun	**10:49**	9.5	**11:22**	8.2	**4:32**	1.4	**5:21**	0.6	7:03	4:47	
26	Mon	**11:26**	9.7	**11:57**	8.4	**5:16**	1.1	**5:58**	0.3	7:02	4:48	
27	Tue			**12:00**	9.8	**5:59**	0.8	**6:35**	0.2	7:01	4:50	
28	Wed	**12:29**	8.7	**12:34**	9.8	**6:40**	0.6	**7:12**	0.1	7:00	4:51	
29	Thu	**1:00**	8.9	**1:09**	9.8	**7:22**	0.5	**7:50**	0.1	6:59	4:52	
30	Fri	**1:34**	9.2	**1:47**	9.7	**8:05**	0.4	**8:29**	0.1	6:58	4:54	
31	Sat	**2:11**	9.4	**2:29**	9.4	**8:49**	0.5	**9:10**	0.3	6:57	4:55	