

































Essex, MA - Jul 2009

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	7:22	8.8	7:49	9.8	1:20	0.8	1:32	0.9	5:09	8:24	
2	Thu	8:22	8.5	8:43	9.7	2:21	1.0	2:25	1.3	5:09	8:24	
3	Fri	9:19	8.3	9:35	9.7	3:21	1.0	3:17	1.6	5:10	8:24	
4	Sat	10:13	8.2	10:24	9.7	4:18	1.0	4:07	1.8	5:10	8:24	
5	Sun	11:04	8.3	11:09	9.7	5:08	0.9	4:55	1.8	5:11	8:23	
6	Mon	11:49	8.3	11:52	9.7	5:52	0.8	5:41	1.7	5:12	8:23	
7	Tue			12:31	8.4	6:30	0.7	6:24	1.6	5:12	8:23	
8	Wed	12:30	9.8	1:09	8.5	7:07	0.6	7:06	1.5	5:13	8:22	
9	Thu	1:07	9.8	1:43	8.6	7:44	0.6	7:48	1.3	5:14	8:22	
10	Fri	1:42	9.7	2:16	8.7	8:22	0.6	8:29	1.3	5:15	8:21	
11	Sat	2:19	9.6	2:50	8.8	9:00	0.7	9:12	1.2	5:15	8:21	
12	Sun	2:57	9.4	3:26	9.0	9:39	0.8	9:56	1.2	5:16	8:20	
13	Mon	3:38	9.2	4:06	9.2	10:20	0.9	10:43	1.3	5:17	8:20	
14	Tue	4:23	8.9	4:49	9.3	11:02	1.1	11:33	1.3	5:18	8:19	
15	Wed	5:12	8.6	5:37	9.5	11:49	1.3			5:19	8:19	
16	Thu	6:07	8.4	6:31	9.7	12:28	1.3	12:41	1.4	5:19	8:18	
17	Fri	7:08	8.2	7:30	9.9	1:27	1.2	1:38	1.5	5:20	8:17	
18	Sat	8:15	8.2	8:32	10.1	2:29	0.9	2:37	1.4	5:21	8:17	
19	Sun	9:22	8.4	9:35	10.5	3:30	0.5	3:38	1.1	5:22	8:16	
20	Mon	10:26	8.8	10:37	10.9	4:31	0.0	4:38	0.8	5:23	8:15	
21	Tue	11:25	9.3	11:36	11.3	5:29	-0.5	5:37	0.3	5:24	8:14	
22	Wed			12:19	9.8	6:24	-1.0	6:33	-0.2	5:25	8:13	
23	Thu	12:32	11.5	1:11	10.2	7:16	-1.2	7:27	-0.5	5:26	8:12	
24	Fri	1:25	11.5	2:02	10.5	8:05	-1.3	8:20	-0.6	5:27	8:11	
25	Sat	2:18	11.3	2:52	10.6	8:53	-1.1	9:12	-0.5	5:28	8:10	
26	Sun	3:10	10.8	3:43	10.5	9:40	-0.8	10:04	-0.2	5:29	8:10	
27	Mon	4:03	10.2	4:33	10.4	10:27	-0.3	10:57	0.2	5:30	8:08	
28	Tue	4:57	9.5	5:25	10.1	11:15	0.3	11:52	0.7	5:31	8:07	
29	Wed	5:53	8.9	6:19	9.7			12:05	0.9	5:32	8:06	
30	Thu	6:53	8.4	7:15	9.5	12:50	1.0	12:57	1.4	5:33	8:05	
31	Fri	7:54	8.0	8:12	9.3	1:51	1.3	1:50	1.8	5:34	8:04	